



Take Back Your Time: Rediscover Shabbat

For Your Consideration

Rabbi Mark Dov Shapiro

Some of you may have noticed an article that has appeared a few times in this year's Temple bulletins. The article has come under the heading - What Makes Me Happy about Sinai Temple

Each time that heading has appeared we have asked 4 or 5 congregants to describe why belonging to Sinai Temple pleases them.

It's been interesting to see how different people feel about belonging to Sinai. To be honest, I've sort of hoped that when you read someone else's endorsement of Sinai, you might think more actively about your own connection to the Temple.

That's important because we are living through a time of transition in which we are doing everything we can to make membership at Sinai Temple as meaningful and rewarding as possible. We want to retain every current member of the Temple. Better still, we want to recruit new members.

Part of the recruitment effort began in May and continues through the summer. We are collaborating with Temple Beth El and Congregation B'nai Torah in an outreach effort that involves some open houses at Starbucks and Bay Path College, an open house at each of the synagogues, plus a reduced membership rate for newcomers to synagogue life.

The synagogues in Springfield have never collaborated this extensively, but, as a result of many meetings for our leadership, we have forged this brand new alliance. We've set the stage better than ever before for a summer of membership recruitment.

There is only one missing ingredient: We need recruiters, supporters, and cheer leaders. That's where you, my dear readers, enter. Are you happy at Sinai? Are you proud of Sinai? If so, please don't keep it to yourself. Look at your friends and neighbors who don't belong to a synagogue. Speak to them. Invite them to a Sinai event. Ask them to call me. If they're willing, give me their number and I'll contact them.

I am very, very happy at Sinai Temple. I would be even happier if you join me and our Temple leadership in recruiting more happy members to Sinai. We do have empty seats. Let's fill them for the New Year. Have a happy June!

Shabbat Shalom Saturday Mornings

Torah Study at 9:00 a.m.
Service at 10:30 a.m.

AND Mazal Tov to Bnai Mitzvah

June 5 - Elizabeth Metsch, daughter of Jennifer and Adam Metsch

June 12 - Danielle Goldstein, daughter of Jill Goldstein

June 26 - Evan Wetstone, son of Leslie and Andrew Wetstone

Picnic And Pray

Friday, July 2 and July 9

6:00 — Candles and Kiddush
Outdoor picnic

6:45 — Outdoor Shabbat service
7:30 — Dessert

Torah Study

KEEPS GOING -
JUNE, JULY, AUGUST
EVERY SATURDAY
THIS SUMMER
AT 9 A.M.

FRIDAY EVENING SERVICES

Service with a Story at 7:00 p.m.

June 4

Ahhh. The taste of ice cream after a delicious story and fine music.

Confirmation at 7:30 p.m.

June 11

Please honor our finest High Schoolers. Terrific Tenth Graders on the bimah.

Installation at 7:30 p.m.

June 18

We honor our incoming Temple leadership with a special focus on music.

Service with the Torah at 7:30 p.m.

June 25

We'll look at the weekly Torah portion and Rabbi Shapiro will teach.

Sustaining Membership Program —

As the new fiscal year begins, there is still time for you to join the Sustaining Membership Program. See page 9.

Message from Sinai Temple President Mark Stone

As I write this article we are a few days away from what I hope will be a successful initiative for Sinai and our neighboring Synagogues. Of course, I am referring to the “try a synagogue” collaboration I have talked about in the past. Your Temple President, Clergy, Board and Exec members have been working hard to put this program together. We have sent emails, flyers and many of you should have received calls from a Board member about this initiative. But, I must confess, as hard as we have worked, the main thrust for this will come from the synagogue congregants themselves and not from those who have put this program together. Your connection with any unaffiliated Jews in this area is paramount to its success. So please, if you know someone who is unaffiliated, be sure they attend one of our events over the summer. For more information on this please go to the web site www.tryasynagogue.org.

Over the past few months, I have had congregants ask how we are doing. I encourage those of you who would like an answer to this question to attend our annual meeting scheduled for Thursday, June 10th. At this meeting we will be honoring those who have volunteered at Sinai over this past year. We will also give you an update on what has been accomplished this year and our plans for next year. The evening we have planned will be fun, enjoyable and informative. We begin at 6 p.m. with a free BBQ dinner. Your whole family (adults and children) are welcome. I look forward to seeing you there.

Since this bulletin spans the beginning of summer, I would like to wish you and your families a safe and enjoyable summer. As always, I thank you for your consideration of what we as a congregation can do for Sinai.

Mission Statement

Sinai Temple is a welcoming and inclusive Reform Congregation where our members pursue a continuing journey of Jewish growth. We are guided by the history and traditions of the Jewish people as we encounter the challenges of the modern world. We encourage participation in prayer, life-long Jewish learning, and social justice within a joyful, creative, and compassionate community.

The Sinai Temple Bulletin is published monthly by Sinai Temple, Springfield, Massachusetts.

This is Issue Number 8 for the year 2009-2010.

Mark Dov Shapiro..... Rabbi

Martin Levson..... Cantor

Mark Stone President

Visit our website: www.sinai-temple.org

Notes from Cantor Martin Levson

It's been quite a year!

Ten months ago, most of Sinai Temple had never heard of Nava Tehila, Vocolot, or Sababa. What a difference ten months makes! In the middle of challenging economic times, how in the world did we bring in not one, not two, but THREE amazing Jewish musical groups? The answer is simple: we were able to do it thanks to your generosity. Because of generous donations, gracious sponsorships, and the use of designated program funds, Sinai Temple was able to bring three incredible Jewish musical ensembles to Springfield this past year. If you would like to help sponsor a musical event (perhaps in celebration of a simcha or in memory of a loved one) please let me know. I know LOTS of talented Jewish musicians, and I would love to bring them to Sinai. I hope that Sinai Temple of Springfield can continue to be a Jewish cultural center for Western Massachusetts, and, with your help, you can make this a reality!

On Friday, June 18, the Adult Volunteer Choir (along with some special guests) will present a musical program based on the sequence of the Kabbalat Shabbat Psalms. The musical settings run the gamut from choral arrangements to traditional cantorial nusach, from Jewish sacred chant to Chassidic melodies. In the words of the liturgical poem, L'cha Dodi, “Come, my friend, to greet the bride, come let us welcome Shabbat!” Please join us as we welcome Shabbat with wonderful music on June 18!

I have used the following phrase a great deal recently: “It's going to be a very short summer.” The High Holidays begin in early September. That means the High Holiday Choir will need to begin rehearsing on Wednesday, August 4! If you would like to sing with the choir, please call or e-mail me here at the Temple. Singing in the High Holiday Choir is a great way to learn more about the liturgy and theology of the Days of Awe, and we have a good time, too! The High Holiday Choir will sing for the evening services of Rosh Hashanah and Yom Kippur, so that choir members can sit with their friends and family during the morning services.

If you would like to chant Torah for Rosh Hashanah or Yom Kippur, now is the time to ask! I will provide volunteers with a CD (or mp3 files) to help you learn the portion. If you are interested, please let me know before June 18!

This month marks the conclusion of my second year as the Cantor of Sinai Temple. It has been a delightful first two years. I have been truly blessed to be able to be your Cantor, and I look forward (God willing) to serving as your Cantor for many, many years to come.

Ivdu et Hashem B'simcha! Serve the Holy One with JOY!

Thursday, June 10

**Come celebrate Sinai volunteers at the
Annual Meeting and join us to say**

Thank you!

(Childcare available)

**A Congregation-Wide
Barbecue & Tribute to ALL
Our Adult and Youth
Volunteers**

Thursday, June 10

6:00 - 7:00 p.m.

Barbecue Picnic

7:00 - 8:00 p.m.

Annual Meeting and

Special Tribute

to Volunteers

**We'll celebrate together as
a community.**

**No Cost for the event! No
work required on your part.**

**Please RSVP to the Temple
TODAY!**

*(Leadership is doing all the work this
night—you only need to let us know
that you will attend.)*

*****PLUS**

*****PRIZE**

*****DRAWINGS!!**

This has been a big year at Sinai. A challenging year too.

**During the "meeting" part of our evening, we'll share news on what
has happened this year and where we hope to be going in the
important days that lie ahead.**

**RSVP Today: Send this form to Sinai Temple, 1100 Dickinson Street,
Springfield, MA 01108 or call 413-736-3619 or e-mail your RSVP to the
Temple office: rblanchettegag@sinai-temple.org**

Name(s):

Address:

Phone:

Number attending annual meeting picnic: _____

Message from Sheila Shear, Director of Education

Shalom Chaverim,

This year was exciting, successful and by all standards busy. We had opportunities for formal education, opportunities for informal education, opportunities for fun and opportunities for families. We had programs on Shabbat, on Tuesdays and on Sundays. I hope you and your family got to share in some of the fun, learning and celebration that was religious school this year.

In each bulletin this year and through our programming, I have tried send the message that your child's regular attendance at Religious School, Hebrew School and at Shabbat Services encourages them to connect with their Sinai community. There remain many opportunities for children to connect in many different groups but, their connection at Sinai is unique, one that cannot be replicated elsewhere.

I would be remiss if I didn't say a huge thank you to all of the teachers, madrikhim, Religious School Committee, and parents who helped make this year a tremendous success-too many people to name in this little article. So, a collective thank you, for all you have done from sewing, helping at dinners, the Seder, during Hebrew and Religious School and in the office.

By the way, speaking of the office, if you haven't yet registered for Religious/Hebrew School, please remember to do it soon. If you did not register before the end of school you should have received them in the mail.

I hope you and your children will have a safe and joyful summer and I look forward to seeing everyone in the fall.

L'bitraot

Happy Graduation!

Mazal Tov to the following Sinai teenagers who have grown up at Sinai and are now graduating High School. Remember, we can stay in touch with our young people via our ALUMNI program. When next year's addresses are confirmed, please let the Temple office know. Packages and reminders from home will follow!

Meanwhile, this year's High School grads are:

Jillian Bertuzzi	Harry Kalodner	Lucas Pers
Nathan Brooks	Louie Katz	Jace Sadowsky
Atlee Chait	Rebecca Kimmel	David Slitzky
Benjamin Cowan	Justin Lazarus	Katie Stone
Danielle Dickstein	Samuel Leavitt	Kyle Thomas
Joshua Fisher	Alesha Levenson	Cydney Weiner
Kayla Gordon	John Mirkin	Eric Weiss



During April school vacation, six Sinai students travelled to Hebrew Union College for a weekend of learning with teenagers from across the country. HUC is the Reform rabbinic and cantorial school. Top from left to right: Cydney Weiner, Atlee Chait, Joshua Fisher, Spencer Locke. Bottom from left to right: Celia Gibson, Kyle Thomas

PLEASE JOIN US FOR CONFIRMATION 2010/5770 FRIDAY, JUNE 11 AT 7:30 P.M. AT SINAI TEMPLE

WE WOULD LOVE TO SHARE OUR LEARNING
WITH YOU!

- Sarah Breslau, Daughter of Gregory and Sharyn Breslau
- Margo Chanin, Daughter of Jeffrey and Susan Chanin
- Josh Feinberg, Son of Lori Feinberg
- Hallie Goldstein, Daughter of Patti Goldstein
- Jack Kamin, Son of Loren Hutner and Peter Kamin
- Abby Rockmacher, Daughter of Steven and Stephanie Rockmacher
- Mara Rockowitz, Daughter of Michael and Jill Laufer-Rockowitz
- Samuel Torff, Son of Mitch and Deidra Torff

Do You Have Any Furniture or Household Items You Would Like to Donate?

Please Donate Your Tax Deductible Items to:

Sinai Temple's Furniture and Home Accessories Sale

August 2010



ACT TODAY

Some Suggested Items Include:

Furniture in good condition • Area rugs • Framed Art • Collectibles • Electronics
Patio Furniture • Clocks • Lamps • Small appliances • Newer Televisions
Exercise Equipment • Silver • China • Antique/Vintage toys

**To learn about donating these items or "donating" some
volunteer time, please contact**

Jay Mustain 754-3141 or the Temple office 736-3619

All proceeds from this sale benefit Sinai Temple

Fall Festival of Art

Men of Sinai, in collaboration with Sinai Temple, will present the Fall Festival of Art Show and Sale on Columbus Day weekend, October 10 - 11, featuring fine artisans from the Northeast.

Many volunteers are needed in the following areas to make this special event a success.

Admissions	Advertising/Promotion
Artisans' Assistance	Bakers
Food Preparation/Sale	Opening Evening Event
Raffle	Silent Auction

If you or someone you know would like to exhibit in the Fall Festival of Art, please contact Stuart Warshaw 413-567-3249 or stucreations@gmail.com for an application.

If you have a couple of hours to give for this awesome event, please contact Robin Dunn 413-364-6318 or dunn0414@comcast.net

Casseroles?

Dear Friends – Every Fall Sinai Temple cooks dinner on several occasions for the soup kitchen called Loaves and Fishes. We have a standard casserole with a fixed recipe that is easy to make and freeze ahead of time. If you've got one hour to make one casserole next Fall, could you please let us know now? We can give you exact dates and the recipe when September arrives, but, meanwhile, it would be great to know that YOU can help. Thank you.

Bobi Steingart 567-6327
drblood50@comcast.net

Bikes and Smiles Joins Forces with Sinai Temple

To collect “gently” used kid’s bicycles and helmets for underserved children in Western MA and CT. To arrange for a pick-up or to volunteer your time please contact: Joe Dorison 13-448-0263 or E-mail BIKEDONOR@aol.com



Prospective New Members for Sinai Temple: Recruit Members...Build Sinai

Every year people relocate to the greater Springfield area, or people who have lived in the area consider joining a Temple. Often these people, friends, colleagues, neighbors or relatives ask current members about Sinai Temple. You can help the Temple recruit these interested people by referring them to Mike Bader, Chairman of the Membership Committee. Mike has been helping new members for over thirty years. He has the information they need and can answer their questions. He can be reached weekday mornings at 737-3139 OR nights and weekends at 786-0319.

The High Cost of Being Jewish Got a Bit Better

Back around Passover, a very generous offer was made to the congregation. Congregants were invited to purchase one copy of a new Haggadah at the Temple Gift Shop. When they did so, they received an extra copy for free. (In the case of one smaller Haggadah, those who purchased one got two free.)

The results? Thanks to our generous anonymous benefactor a multitude of new Haggadahs were put into circulation this year! Thanks to the benefactor AND congratulations to all those who enjoyed an enriched Seder. We'll be back for 2011!

Scroll of Life

The Scroll of Life is a work of art in the Oneg Shabbat Room. It was created by Presentations Gallery of New York. The Isaiah quote at the bottom of the Scroll was taken from the Yom Kippur Haftarah as an expression of hope.



The Scroll has space on it so that Sinai members can commemorate either joyous events or memorialize loved ones. Each contribution of a plaque on the Scroll will be used to enrich the life and strength of Sinai. The cost of each plaque is \$200. The inscription may be 3-4 lines with a maximum of 27 spaces per line.

Sinai Temple Wish List: Are You Interested?

We need to replace many of our folding chairs. They are wobbling and telling us they need to go to chair “heaven.” Cost - Approximately \$3,000

Please contact Lori Robinson, Office Manager, in our Temple office (736-3619) if you would like to know more about this project or others that can continue to bring new life to our congregation.

SAVE THE DATE!!!!

as the

Western MA State of Israel Bonds

pays tribute to leaders in our community

at a

Cocktail Buffet.

Sinai Temple's 2010 honoree is

LINDA KAY.

Tuesday, June 8, 2010

6 P.M.

at Chez Josef in Agawam

For information call the Israel Bonds office at

800-916-1918

**Torah Study:
A Perfect Way to Start the Weekend
June, July, and August
Saturdays at 9 a.m.**

Opportunities to learn continue through the month of June. When July & August arrive, the process will continue. We will be studying the Torah Portion of the week every week. Everyone at any level of knowledge is welcome in the Oneg Shabbat Room from 9 to 10 a.m.

**Summer Services
Every Friday in July and August**

Please join us throughout the summer for services that are brief, spirited, and full of joy. On July 3 & 10, services will take place outdoors after a picnic dinner starting at 6:00 p.m.

On all other July and August Friday evenings, services take place at 7:30 p.m.

**Saturday Morning Services
Every Saturday morning in June
At 10:30 a.m.**

A regular weekly Shabbat morning service. Even when there isn't a Bar/Bat Mitzvah, the service takes place at 10:30 a.m. complete with the Yahrzeit list. Please note - Although Torah Study continues every Saturday at 9 a.m. in July and August, Saturday morning services will not take place in the summer. We will return to morning services on September 11.

**Monthly Morning Service
Wednesday, June 2 at 7:30 a.m.**

Meet in the sanctuary for a service of 20 minutes. Breakfast follows. The feeling of togetherness is wonderful. Those who need to leave for the rest of the day are free no later than 8:15 a.m.

**Would you like to read Hebrew
starting this September?**

The Adult Education Committee wants to organize classes for Hebrew this Fall. Perhaps a class for those who are total beginners and need to learn the letters. Perhaps a refresher class. Review and then move on to reading.

Are you interested? Could you meet weekday evenings or Saturday at 8 a.m.?

Let us know through the Temple office by e-mail to rlbanchette@sinai-temple.org

**Have You Got an Idea?
Have You Got a Suggestion?**

As the programming year draws to a close, June becomes our most important month for planning next year's happenings at Sinai. Almost every one of our committees will be meeting to think about next year.

So...If you have an idea or a suggestion...Please call the office, Temple President Mark Stone, or the Rabbi and let us know. Better still...Call to find out when our committees are meeting and come to one meeting to share your thoughts.

The committees meeting in June are: Ritual, Adult Education, Religious School, Caring Community, and Social Action. Please visit the meeting(s) of your choice. Each committee would love to hear from you.

**Looking for a Few Good Names
Thursday, June 10**

So many people volunteer time and talent to our Temple. At this year's annual congregational meeting, we would like to thank you and you and you....all of the people who volunteer their time to make Sinai the great place that it is.

We are creating a list of volunteers who have worked on committees, special events, fundraisers, etc. during the past year. And we don't want to miss anyone. So if you have volunteered in the past year and you think we might not have your name, please let us know today. E-mail Gloria Wald at gwald@charter.net. (Gloria Wald and Jane Rothschild are co-chairing the annual meeting on Thursday, June 10.)

**The Music Man:
Coming to Sinai in March 2011!**

Sinai Temple will present a production of Meredith Wilson's fabulous, classic musical THE MUSIC MAN next March. Auditions will take place this coming Fall, but there is preparatory work to be done now. If you're interested in helping organize this production, in working behind the scenes on sets, lighting, costumes, publicity, or tech, we want you now!

To learn more, contact our musical's producer, Sheri Levson, at 567-2038 or levsong@verizon.net



What Makes Me Happy about Sinai Temple

Ann Jacobs —

What makes me happy about belonging to Sinai Temple is being a member of a group of people who care about each other, the world and Judaism. Sinai offers many wonderful opportunities to worship, and learn and serve others.

Robert Kay —

What makes me happy about being a member of Sinai Temple is Rabbi Shapiro's annual recitation of Dr. Martin Luther King's speech, "I have a dream". To me it demonstrates a commitment to public expression of a higher morality, a deep sense of history, and a connectedness to the outside world, beyond the Temple's four walls.

Shari Cooper —

Sinai Temple is a place where anyone can feel comfortable...regardless of how much or little previous religious experience they may have. It allows you to enjoy the Jewish religion and culture, without feeling overwhelmed. Being a member of this temple has helped me feel much more connected to my Jewish heritage and customs.

Jodi Foster —

When we moved to town and looked at all of the synagogues we found Sinai to be the most welcoming. We've been here for 10 years and love it.

Elizabeth Frey —

What makes me happy about being a member of Sinai Temple is getting together with friends and family and feelings of being part of the Sinai community.

Judaica Gift Shop

Thanks to everyone who supported Sinai's gift shop this past year. It was a good one.

For the summer months we'll be available for all your needs; just give us a call.

We're looking forward to our August trip to New York City for the International Gift Show. There are always new artists to be found and old vendors to see again; the best of the best will be brought to your Judaica Shop here at Sinai.

Have a wonderful summer,
Thais Fischel 786-9577

Take Back Your Time: Rediscover Shabbat

Last year Sinai distributed a booklet with 52 ideas for "tasting" Shabbat. Here are some new options. First time they appear at Sinai.

Clean a closet. This is dangerously close to work; don't do it on Shabbat unless it seems prospectively fun, a genuine choice for freedom, an opportunity to "unclutter" your life.

Get a coloring book and a box of crayons and have fun. You don't have to "stay within the lines," but you probably will.

Look through some old family photo albums. Call up one of the people whose pictures you see and tell him or her what you're doing. "I was just looking through some old photo albums. Remember that time when we..."



Hotel Travel Pledge A message from the Social Action Committee

Sandy Suib Dutcher, Chair

The summer months and holiday vacations are fast approaching. Please consider the fact that the hotel workers where we stay are overworked and certainly underpaid. Just Journeys is a campaign from the Progressive Jewish Alliance, Jewish Funds for Justice and the National Jewish Labor Committee on behalf of hotel workers. The pledge involves three simple steps:

- Be neat: the most common injuries sustained by hotel workers, which can be life long, include injuries sustained cleaning. The rate of work related injuries for housekeepers is more than double other service injuries. Workers rush to complete work and frequently skip meals and breaks or stay late to finish quotas to maintain their jobs.

- Leave a meaningful gratuity: Show appreciation for the quality of service with both a tip and a complement. A suggested tip of \$2 per night per person. Hotel housekeepers frequently earn as little as \$8.50 /hr and rarely receive health insurance.

- Support union labor: Many hotel workers are organized, but plenty are not. Let the management know that you prefer to stay at a hotel that supports workers rights.

Enjoy your vacation but remember it is our responsibility to treat everyone with fairness and respect.

Spread the News

Do you know Sinai Temple's membership incentives? What follows are the incentives developed over the last few years. NEW INCENTIVES will be available this Fall.

Young Adult 18 – 30

Complimentary

Ages 31 – 35

Reduced rates to make it easy to belong

Those who belong to another local synagogue!

Associate Membership reduced dues

Those who live out of town!

An "out of town" membership is available

Please reach out. Let your unaffiliated family, friends, and neighbors know about the wonderful world of Sinai. Share the benefits of belonging to our community.

And if you refer someone to Sinai who becomes a member at any level, we will most certainly want to thank you.

Keep the Spirit Alive: The Sustaining Membership Program

If you are among those congregants who pay full dues in your category, you are invited become a Sustaining Member of Sinai Temple.

What is a Sustaining Member?

From Generation to Generation

We might seem a bit young to be thinking of legacies. We're (only) in our early 50's, two of our kids are still in college, and we're hoping that we've got a long, long time before our bequests come to fruition. But we wanted very much to become members of the Legacy Society, because Sinai has meant so much to our family. It has enriched our lives beyond measure, and we want to ensure that Sinai as an institution is secure for future generations. Obviously, we don't know what our financial situation will look like so far in the future. So that's why we decided to make a donation of a percentage of our estates, rather than a fixed amount. We've discussed this with our children, and they think it's a great idea. This way we know that when the time comes, we'll be able to leave something for Sinai.

—Steve Weiss and Carol Daigle



If you would like to explore joining Carol and Steve in the Sinai Legacy Society, your first step is to discuss opportunities with Rabbi Shapiro or members of the planned giving committee. Please give the office a call at 413-736-3619. There is no obligation in this conversation, and, of course, a gift of any size is welcome.

Sinai Temple's
Legacy Society
Our Turn to Create Sinai's Future
in Partnership with-
Create a Jewish Legacy of Western Massachusetts

The Memory of the Righteous is a Blessing

All of us at Sinai Temple extend condolences as we remember the following. Their memories are precious to their relatives, their friends and to each of us who form the community of Sinai Temple.

We remember those who have passed away from February 8, 2010 to May 12, 2010:

- Florence Mazer, Salena Blake's sister.
- Marion Thompson, Patty Sussman's mother.
- Jean Simons, Robert Simon's wife.
- Florence Hillenberg, Roberta Hillenberg-Gang's mother.

Mazal Tov to:

- Ronnie Leavitt...A special interest group of the American Physical Therapy Association has created an award to acknowledge the contributions of one of their members. Dr. Ronnie Leavitt is the first recipient of this award, which they have named the Ronnie Leavitt Leadership Award for Social Responsibility in her honor. Congratulations Ronnie!

- Mark and Charlene Cutler and Fredi and Ben Rosenthal on the marriage of their son and grandson, Adam Cutler to Claudia Camacho.

For Your Information: (Because You Have Asked)...Ask the Experts –

Freezing Smoked Salmon

Is it possible to freeze smoked salmon without the texture and flavor degrading?

You can freeze smoked salmon, although you may notice a slight deterioration in texture and flavor once it's thawed. This can be minimized by freezing the salmon for only a few months and thawing it slowly in the refrigerator. If the salmon has been frozen and then thawed, however, don't refreeze it. The texture and flavor will suffer and, more importantly, it could lead to food safety issues.

Sinai Temple

BULLETIN



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Springfield, MA 01108
(413) 736-3619
<http://www.sinai-temple.org>

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CHANGE SERVICE REQUESTED

We are reaching out for new Temple members
www.tryasynagogue.org



Jeff Cossin, Cantor Levson, Rabbi Shapiro, and Mark Stone joined many other Temple volunteers at Long Meddowe Days on May 23. Our booth invited the community to learn more about synagogues in our area. Please spread the news to your friends.

An Open House is scheduled at Bay Path College on Sunday, June 13 at 10 a.m. "Jewish Java" is scheduled at the Longmeadow Starbucks Wednesday, June 16 from 5 to 7 p.m. and Thursday, June 17 from 10 a.m. to noon.