

# Sinai Temple

## BULLETIN



*Take Back Your Time: Rediscover Shabbat*

## For Your Consideration

Rabbi Mark Dov Shapiro

Rosh Hashanah is in the air. Time for reflection. Time for Temple. Time to remember what Sinai Temple means in our lives.

Here are my responses to the question: *What is Sinai Temple?*

- Sinai is a teenager searching for his place in Judaism, asking questions, and beginning to find answers.
- Sinai is parents proudly anticipating their child's marriage and then joyously holding their first grandchild.
- Sinai is a young couple planning to raise their children in a community that welcomes them and nurtures them.
- Sinai is a congregant who becomes ill and receives the support and concern of the congregation.
- Sinai is a 13 year old girl becoming a Bat Mitzvah and proudly marching with the Torah next to her parents and grandparents.
- And Sinai is also the sound of the shofar, the solemnity of Kol Nidre, the dancing of Simchat Torah, and the warmth of Passover.
- Sinai is where we pray. We search for meaning and purpose through words and melodies as old as Jerusalem but as new as today.
- Sinai is where we learn. Children encounter the stories and festivities of Jewish life for the first time while adults explore the meaning of Torah as it pertains to real life in the modern world.
- Sinai is social action. We are committed to tikkun olam. Throughout the year, we are dedicated to fixing our world for the sake of justice.
- Sinai is community. We share sorrows and triumphs. We delight in children and take pride in members who maintain their commitment to us for a lifetime.
- Sinai is an address for Reform Judaism. It is an approach that combines modernity with tradition.
- Sinai is our address for Judaism.
- Sinai is our anchor for the values of Judaism, for caring, moral vision, and hope.
- Sinai Temple is about living. Sinai is about living our lives as Jews with joy.

I'm so proud to be rabbi of this great congregation. I look forward to being with "at Sinai" in the holiday season that begins this month.

### Friday Evenings

**SERVICE WITH A STORY at 7:00 p.m.**

**September 3**

August and September birthdays too!

**KABBALAT SHABBAT at 6 p.m.**

**September 10**

A beautiful brief service the day after Rosh Hashanah. Come early for veggies and snacks. Go home by 7 p.m.

**KOL NIDRE at 8:00 p.m.**

**September 17**

Our most solemn and powerful holy day begins.

**SERVICE WITH TORAH at 7:30 p.m.**

**September 24**

This service takes place in the middle of Sukkot. Time to relax and unwind.

### Every Saturday Morning

*Service at 10:30 a.m.*

**"The work goes on; the cause endures"**

**A Coffeehouse Evening  
for Thoughts on Justice and Doing What's Right  
Saturday, September 4  
8 to 9:30 p.m.**

A pre-High Holiday  
coffeehouse and service  
designed for Labor Day Weekend  
exploring our Jewish roots in the struggle for justice.

The Rabbi and Cantor have shaped an evening featuring classic Selichot music plus songs of justice and hope. Jews came to America looking for fairness. They became laborers. What happened to them; how does it touch us today? Coffee & desserts will be served.

## High Holidays 2010-5771

**“The work goes on; the cause endures”  
A Coffeehouse Evening for Thoughts on  
Justice and Doing What’s Right  
Saturday, September 4  
8 to 9:30 p.m.**

A pre-High Holiday coffeehouse and service designed for Labor Day Weekend exploring our Jewish roots in the struggle for justice. Jews came to America looking for fairness. They became laborers. What happened to them; how does it touch us today?  
The Rabbi and Cantor have shaped an evening featuring classic Selichot music plus songs of justice and hope.  
Coffee & desserts will be served.

### **Erev Rosh Hashanah Wednesday, September 8**

Evening Service at 8:00 p.m.

### **Rosh Hashanah Day Thursday, September 9**

(For childcare & children’s programming, see page 4)  
First Service ..... 8:45 a.m.  
Second Service ..... 11:00 a.m.  
Tot Service (for little ones & their families) .... 4:00 p.m.  
Tashlich ..... 4:30 p.m.

### **Cemetery Memorial Service Sunday, September 12 at 1:00 p.m.**

At the Sinai Temple Cemetery

### **Kol Nidre**

Friday, September 17 at 8 p.m.

### **Yom Kippur Day Saturday, September 18**

(Times approximate)  
(For childcare & children’s programming, see page 4)  
Morning Service ..... 10:00 a.m.  
Musical Interlude ..... 12:30 p.m.  
Study Options ..... 1:30 p.m.  
Family Service..... 2:00 p.m.  
Afternoon Service ..... 3:00 p.m.  
Yizkor Service ..... 4:45 p.m.  
Neilah/Closing Service ..... 5:45 p.m.  
Break Fast ..... 6:15 p.m.

*(Sponsored by Linda and Michael Meyers.)*

## Message from President Mark Stone

It is early August and hard to believe we are preparing for the upcoming High Holidays. It’s equally hard to believe that I am in my second year as President of the congregation. When I look back at this past year, I must say we have done a lot. Your board, clergy and committees have work very hard on our initiatives and I would like to say THANK YOU to all of them for their dedication to Sinai.

If you were at our annual meeting, we updated you as to how we are dealing with the challenges outlined in this past year’s communications. We are cautiously optimistic. It will take time!!! The success of our efforts in retention and recruitment won’t be known for some time, but things feel good. There is no doubt we cannot rest on feelings alone. We must convey to the entire congregation that affiliation with Sinai is necessary to ensure Reform Judaism has a place in the greater Springfield area for generations to come. These are our priorities for this coming year and we have been working diligently on them.

We have done many amazing things this past year, some internally, with wonderful programming and some externally with a wider reach than ever attempted. I am referring to our TRYASYNAOGUE program initiated here at Sinai. This idea of collaboration with our synagogue neighbors along with Federation and HGF is in full swing. The message I send to you is to consider those you might know who are unaffiliated and help me affiliate them!!! If they are empty nesters, ask them to leave the nest and try one of our fabulous programs. If they have never been affiliated or just lost their way, help me show them the way back to Reform Judaism. Our TRYASYNAGOGUE program is communicating as best we can with those we think are unaffiliated, but I am sure some of you out there know a few. We have tried to reduce the barriers that might exist with an unaffiliated Jew - whether the disconnect is financial or other. If you would like further information, go to our web site [www.tyrasynagogue.org](http://www.tyrasynagogue.org) where upcoming events and our programs are explained.

As we enter the High Holiday season, I hope you will join me in making sure Sinai continues to thrive for years to come. My wife Melanie, my children Andrew and Lauren, and I wish you all the best in this New Year.

## Welcome to Sinai!

*We’re so glad you decided to join Sinai Temple in the past two months.*

- Andrew and Rachel Goldberg
- Margie Klein

# Sinai Temple High Holiday 2010 Ticket Policy

## Ticket Requirements

- Tickets will be required for admission to each service.
- Tickets will be checked at the Temple entrance.
- Each member of the family should have his/her own ticket.

## Tickets will be mailed automatically if any of the following are satisfied:

- A minimum of 2/3 of this year's dues, plus any past due amounts, have been paid.
- A payment schedule has been arranged with the treasurer or financial secretary.
- Arrangements have been made for credit card payments.

## 30 and Under membership category

- In order to open the Temple as much as possible to young Jews, we gladly welcome members who are 30 years of age or under.
- Individuals 30 or under may become members at no cost.

## Out of Town Guest policy

- Members of other congregations affiliated with the URJ should ask for a seating request from their home temple for seating at Sinai Temple.
- Members may request complimentary tickets for out of town guests by completing a request form obtained from the Temple office. *Guest's home addresses must be supplied.*
- Households new to the Western Mass/ Northern Connecticut area, not affiliated with a synagogue, may receive complimentary High Holiday tickets once upon request.

## Childcare

- Children under 5 must be left with babysitting services provided by Sinai Temple.
- Reservations are required.

REMEMBER: No one will be admitted without a ticket. The office will be closed for all business at 3:00 p.m. the day before the holiday.

## Attending Services on the Telephone

Do you know someone who misses out on High Holiday Services because they are physically unable to attend? This year it will be possible to hear live Sinai Temple services by telephone from home or even from a hospital room. Sinai's Caring Community and TRZ Religious Services will be making this wonderful opportunity available.

This service is free of charge to members and will not be limited to the High Holidays. It can also be used to listen in on any service (i.e. Bar/Bat Mitzvah, wedding or funeral) that Rabbi Shapiro and Cantor Levson lead from the bimah.

## Try a Synagogue Offers Temple Membership

**\$365 a Year: A Dollar a Day**

As an incentive to grow our membership, Sinai is joining with Temple Beth El and Congregation B'nai Torah for a unique offer. For those who have not belonged to a synagogue in any of the last three years.

Join a synagogue this year for \$365.

Share the news with a friend. Bring a friend.

Help grow Sinai.



This High Holy Day Season, stand up for Israel. Invest in Israel Bonds.



Development Corporation for Israel  
State of Israel Bonds  
924 Farmington Avenue  
Suite 205  
West Hartford, CT 06107  
860-236-4523 · 800-916-1918  
[www.israelbonds.com](http://www.israelbonds.com)

This is not an offering, which can be made only by prospectus. Read the prospectus carefully before investing to fully evaluate the risks associated with investing in State of Israel bonds. Issues subject to availability. Photos: ©stockphoto.com

## Notes about the Holidays

### Prayers and Blessings for Your Home

Rosh Hashanah and Yom Kippur begin at home with family meals. Your meal can become more than a pleasant dinner by making into a sacred occasion with the appropriate blessings for the holidays. Our website has everything you need in English, Hebrew, and transliteration. [www.sinai-temple.org](http://www.sinai-temple.org)

### Music for Your Home

High Holiday melodies that appear in our services are now available on the website. Listen and learn! [www.sinai-temple.org](http://www.sinai-temple.org)

### Two Rosh Hashanah Morning Services

**8:45 a.m. to 10:15 a.m.....11:00 a.m. to 1:20 p.m.**

*Although the first service is definitely NOT going to be a Family Service*, it will be a service that welcomes school age children because it will be briefer. The second service will be identical to our usual holiday morning services with Rabbi, Cantor, and the full liturgy.

### Babysitting for Children through Kindergarten

Babysitting for small children ages two through Kindergarten (no infants) will be available during Rosh Hashanah morning and Yom Kippur morning services. Please contact the Temple office to reserve a spot for your child...736-3619.

### Child Programming for Grades One & Two

An age appropriate program for children in Grades 1 and 2 will be available during both Rosh Hashanah morning services and Yom Kippur morning. (The program is being offered parallel to the first Rosh Hashanah morning service for parents of these young children who do not think the children would feel comfortable even in the shorter first service format of 90 minutes.) Please contact the Temple office to reserve a spot for your child...736-3619.

### Children in Grades Three & Four (PLEASE NOTE - THIS IS NEW)

On Yom Kippur morning, we will be offering a service/program, designed for this intermediate age group. Too old for a children's program; often too young for the full adult service. More information will follow.

### Children in Grades Five & Six (PLEASE NOTE - THIS IS NEW)

On Yom Kippur morning, we will NOT be offering a service/program for this age group. Experience from previous years and conversations with parents indicate that most parents believe their 5th/6th grader can attend the adult service. We welcome and encourage that!

### Programming for Pre-Schoolers/Tots and Their Families (SOMETHING NEW)

Two new options for our youngest friends and their families. At 4:00 p.m. Rosh Hashanah afternoon (just before Tashlich), a service for the little people will be held at Laurel Pond in Longmeadow. On Yom Kippur afternoon, another service for young families will take place. This one in the sanctuary at 2 p.m. (Each service to last approximately 20-25 minutes.)

### Visiting the Sinai Temple Cemetery

#### A NEW TIME

It is traditional to visit the cemetery during the High Holiday period. Temple members with loved ones buried at Sinai's cemetery are welcome to visit the cemetery for a service conducted by the Rabbi and Cantor on Sunday, September 12. PLEASE NOTE...In previous years this service has taken place at 2 p.m. THIS YEAR'S SERVICE WILL TAKE PLACE AT 1:00 p.m.

### Link to Libraries

Link to Libraries is a non-profit organization founded in May 2008 by our Temple member, Susan Jaye-Kaplan, along with Janet Crimmins. Link to Libraries is a volunteer organization whose mission is to collect and distribute new books to public elementary schools and non-profit organizations in Western MA.

Sinai's Social Action Committee is going to "link" up with Link to Libraries this coming Rosh Hashanah evening. The titles of books that you might wish to sponsor and donate to Link to Libraries will be available on a bulletin board after services that night.

We will, of course, be inviting the congregation to purchase shoes for youngsters in need too. Shoes plus books will help us welcome the New Year with hope for a better tomorrow!

### Allergy-sufferers Request

Please refrain from excessive use of perfumes and colognes when attending services and events at temple especially on the High Holidays.

Those with allergies can be adversely affected and become uncomfortable when exposed to strong scents.

When purchasing bima flowers for special occasions please be considerate of allergy-sufferers and order only non-scented arrangements.

## Sukkot & Simchat Torah 5771

### EREV SUKKOT

**Wednesday, September 22**

Shabbat Dinner for parents and students Kindergarten through Grade 7

Starting at 6 p.m.

Followed by the sukkah decorating and service at 6:45 p.m.

Everyone goes home by 7:30 p.m.

### SUKKOT DAY

**Thursday, September 23**

**At 10:30 a.m.**

Lulav and etrog. Kiddush in the sukkah.

### EREV SIMCHAT TORAH

**Wednesday, September 29**

**At 7:00 p.m.**

Consecrate our First Graders and then march and dance with our Torah scrolls.

### SIMCHAT TORAH/YIZKOR SERVICE

**Thursday, September 30**

**At 10:30 a.m.**

Mark the conclusion and beginning of the Torah cycle and also conduct a memorial service.

The Caring Community of Sinai Temple cordially invites you to attend

A Holiday Luncheon  
for Sinai Senior Members  
Featuring the Film  
FROM SHTETL TO SWING

Thursday, September 30  
12:00 noon

(Following our Simchat Torah/Yizkor Service)

There is no charge for this wonderful program.  
Please RSVP to the Temple Office at 736-3619

*From Shtetl to Swing* - Hosted by actor and playwright, Harvey Fierstein, *From Shtetl to Swing* tells the story of the cross-pollination of Jewish and African-American music influences. The film features Benny Goodman, Al Jolson, Eddie Cantor, Judy Garland, and many more artists making some of America's great music.

### Thank you to:

- The Howard Grayboff Fix-It Fund for allowing us to make several exciting additions to Sinai including improvements to the way our Sanctuary doors open and a beautiful sign on our front lawn announcing where Sinai Temple is.

## Adult Opportunities

### Torah Study Returns:

#### Bagels & Brains

**Saturdays in September at 9 a.m.**

No guarantee on the brains, but the bagels are excellent and the conversation is open-ended and participatory. If you want to touch base with Judaism's basics, Torah Study is for you. Newcomers welcome. No prior knowledge necessary.

### Sex, War, and Property:

#### Torah Study with a Special Focus

**Saturdays at 9 a.m.**

**Starting October 2**

The Torah Portion starting at Deuteronomy Chapter 21:10 contains more laws on more topics than any other Torah Portion. From sex to war to theft to family to the environment, everything is in these chapters from Deuteronomy.

If you are interested in any(!) of the topics above, Torah Study starting in October should be a major success.

### Monthly Morning Service

**Wednesday, September 1  
at 7:30 a.m.**

A chance to start your day with a different focus. We meet on the bimah for a service of 20 minutes. Breakfast follows. The feeling of togetherness is wonderful. The spirit is unique. Those who need to leave for the rest of the day are free no later than 8:15 a.m.

Future "morning minyan" services will take place on Wednesdays, October 6, November 3, December 1, January 5, February 2, March 2, April 6, May 4, June 1. The Morning Minyan is underwritten through our Endowment Fund by a gift from the Family of Richard Lavin.

### From Shtetl to Swing:

#### A Film about The Creation of America's Music Songbook

**Thursday, September 30**

**Starting at Noon**

Come tap your toes and see an extraordinary documentary film. Hosted by actor and playwright, Harvey Fierstein, *From Shtetl to Swing* tells the story of the cross-pollination of Jewish and African-American music influences. The film features Benny Goodman, Al Jolson, Eddie Cantor, Judy Garland, and many more artists making some of America's great music. The film is being shown as part of the Senior Luncheon on September 30.



## Message from Director of Education Sheila Shear

*Shalom Chaverim,*

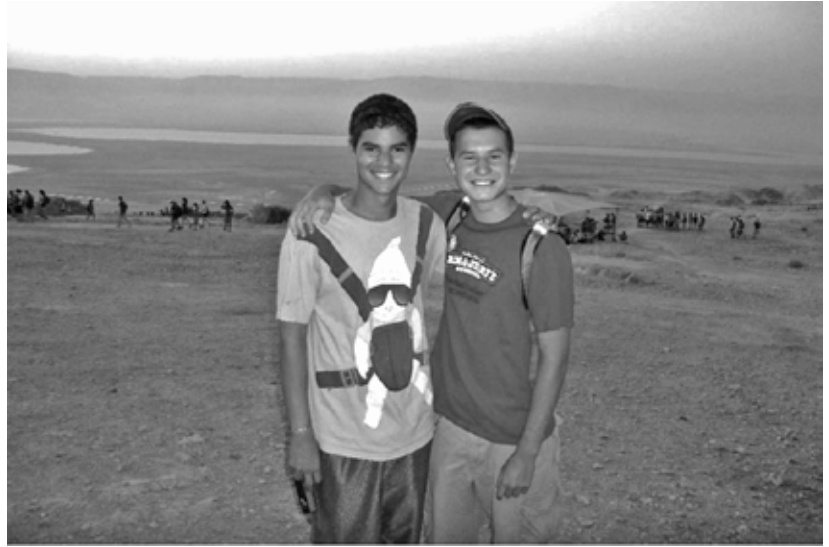
As I sit here, with the temperature outside about 90 degrees, it is hard to imagine that when you read this, there will be only a couple of weeks until the first days of Religious School and Hebrew School. Each year brings with it opportunities for new beginnings, learning new things, in new ways, learning things you thought you knew but didn't, finding out what you don't know and making an effort to learn it.

I, along with the entire teaching staff, look forward to providing new opportunities for your children, and for your families. Please help us support your families' Jewish connection here at Sinai by participating in our family programming, by supporting and becoming involved in your children's Jewish learning, and sharing in making Sinai a place that your child wants to be.

On Sunday, September 12th during Religious School, we will be facilitating "age group" parent meetings to continue to plan opportunities for your children to make Sinai theirs. This is your opportunity to make your children's connection at Sinai what you want it to be. No one knows more about what will connect with your child than you do. Please join Rabbi, Cantor, me, and other members of the parent community at these meetings. See you then.

This year school begins after Rosh Hashanah. I hope that each child in our Sinai community will attend services and experience the beauty of the High Holidays here at Sinai.

*L'Shanah Tova, may you be written in the book of life for a happy, healthy and successful 5771.*



Summer in Israel: Josh Feinberg with his friend Brandon at the top of Masada. "Our group was waiting at the top of Masada early in the morning for the sun to rise over the beautiful mountain and the Dead Sea. This was one of the greatest experiences during our trip."



Crane Lake Rules! Make plans for next summer. Left to right: Kyle Thomas, Cantor Levson, Ben Black, Michael Cruz



Eisner is another Jewish option for summer 2011. Back row left to right: Dani Goldstein, Liz Levson, Cantor Levson, Celia Gibson; front row: Shoshana and Rachael Maniscalco

## **NEW Sinai Temple Initiative Underway: Outreach to Families with Young Children, birth to 5 years old**

Shalom! My name is Melanie Courtemanche and I am the mother of an almost 2 ½ year old girl. As the parents of a young child, my husband, Ryan, and I are eager to be involved in the Sinai community through events that include our whole family as well as ones that are designed specifically with the interests and attention span of our inquisitive toddler in mind. I have been asked to officially head an initiative, working with others, to develop programming and events for our youngest members (and future members).

During the past year, families with young children celebrated Shabbat together monthly with a Tot service created especially for babies, toddlers, preschoolers, and young school-aged children. Each service was followed by Challah and juice, and we even had dinner together. It was a wonderful time for parents and children to get to know each other. We also had occasion to celebrate Havdalah and Tu B'Shevat together with a holiday-themed craft, snack, story, and music as well as an age-appropriate Havdalah service.

Planning is underway for the upcoming 5771 year. Don't let your little one miss out on Tot Shabbat, Bagels and Blocks, and other events for young children. Please contact me at [mnkle17@gmail.com](mailto:mnkle17@gmail.com) or 413-527-4723 or call the temple office at 413-736-3619 with your questions, comments, and ideas. Please be certain to include your address, home phone, and email. Together we can make this a wonderful year for our little ones at Sinai.

L'Shana Tova and see you at the Rosh Hashanah service for little ones at Laurel Park!

Melanie Courtemanche

## **Attention Parents, Grandparents, and Friends of Little Ones**

Do you have or know a young child who is not yet old enough for Sunday School, but eager to be a part of Sinai's community? There are many fun and exciting activities and events planned specifically for children aged 0-5 years old for this upcoming year.

Mark your calendars now for these not-to-be-missed events:

Thursday, September 9th 4:00pm: A Special Rosh Hashanah Service for Families with Young Children. This service will take place at Laurel Pond in Longmeadow.

Saturday, September 18th 2:00pm: Yom Kippur Family Service (ages 1-7 years)

Friday, October 22nd 6:00pm: Tot Shabbat

Friday, November 19th 6:00pm: Tot Shabbat

Friday, December 3rd 6:00pm: Sinai Chanukah Party (family-friendly Shabbat Service followed by dinner)

Sunday, December 5th 9:15-10:30am: Chanukah-themed Bagels and Blocks (ages 18mos-5years)

Friday, January 21st 6:00pm: Tot Shabbat

*Please contact Melanie Courtemanche at 527-4723 or [mnkle17@gmail.com](mailto:mnkle17@gmail.com) for info.*

## **Open Rehearsal for Mak'hela: The Jewish Chorus of Western Massachusetts**

If you think you might like to join us for our new season, come try it out at our open rehearsal on Tuesday, September 14, 2010 at the Lander-Grinspoon Academy, 257 Prospect Street, Northampton. ⚭7:30 - 9:15 pm. ⚭You would be welcome! ⚭We seek choral singers on all voice parts. Come join the fun!

For more information, contact Bonnie Mikesh at: [<bbpmikesh@comcast.net>](mailto:bbpmikesh@comcast.net) or ⚭413-567-3927 or visit us online at [<www.makhela.org>](http://www.makhela.org)

### **Invite a Friend to Shabbat Services**

People who are already Sinai Temple members know what an incredible synagogue community Sinai Temple is. They are always our best recruiters!

In that spirit, we encourage you to invite your friends to our Shabbat service on any Friday evening all through the year. There is no better way to introduce potential members to Sinai than to experience the joy, warmth and good feelings of our Friday evenings. Please ask your unaffiliated friends, family and neighbors to be with us on Friday evenings.

### **Judaica Shop Corner**

Well we're back with regular hours: Sunday A.M.s 10 to 12:30 and Tuesday and Thursday afternoons from 2 to 4:30 and always special appointments to meet your needs.

In August we attended the N.Y. International Gift Show and selected the very finest Judaica for the fall and for this year's very early Chanukah.

Do come in and visit us for a look-see.

Thais Fischel 786-9577

## ***What Does Judaism Say About?***

**Big Questions: Jewish Answers**

**Second Thursdays Every Month**

**Starting Thursday, October 14**

**From 6 to 7:30 p.m.**

**(With a "lite bite" available each evening)**

Are you curious about Judaism? Are you curious about our tradition's approach toward major modern issues?

If you've got questions, this year Rabbi Shapiro and Cantor Levson will offer some answers. On the second Thursday of each month, come to Sinai. We'll feed you a light dinner and we'll take on one topic per month.

Here are some of this year's questions. You can come once, all the time, or once in a while. Each Thursday conversation will be self-contained.

October 14	What Does Judaism Say About the Role of Government? (In anticipation of the November election)
November 11	What Does Judaism Say About Homosexuality? (As the matter of same sex marriage winds its way through the courts)
December 9	What Does Judaism Say About the Beginning and the End of Life? (As the secular year comes to an "end")

Topics for the winter and spring will be announced in a few months.

## **This Chanukah Give Yourself the Gift of Hebrew**

**Choose your time; choose your day!**

**Beginning Hebrew in October!**

- We're teaming up with Temple Beth El this Fall. You choose the day and time that suit you. Study at Sinai or at Beth El. Students from both synagogues will learn together and master the Hebrew alphabet.
- Please register by filling out the form on this page!

### **Schedule of Hebrew Classes for Fall 2010:**

<b>Sundays at 9 a.m. at Beth El</b>	<b>Tuesdays at 7:30 p.m. at Sinai</b>
• October 3, 17, 24, 31	• October 5, 12, 19, 26
• November 7, 14, 21	• November 2, 9, 16, 23, 30
• December 5, 12, 19	• December 7

• Let THIS year be YOUR year for the GIFT OF HEBREW!

### **Registration Form ----**

• Count me in! I want to be a Hebrew learner.

• Enclosed please find my check for \$50 to cover the cost of class and textbook.

• Name \_\_\_\_\_ Phone \_\_\_\_\_ E-mail \_\_\_\_\_

• I will attend class on \_\_\_\_\_ Sunday mornings at Beth El \_\_\_\_\_ Tuesday evenings at Sinai.

• Please send your check payable to either synagogue.

• Sinai Temple, 1100 Dickinson Street, Springfield, MA 01108

• Temple Beth El, 979 Dickinson Street, Springfield, MA 01108



## The Legacy Society Enters Year Three

The Legacy Society is the way in which all of us “endow” Sinai Temple when we are gone.

Gifts can be made through your will or in a number of other ways as well.

If you would like to explore joining the Sinai Legacy Society, your first step is to discuss opportunities with Rabbi Shapiro or members of the planned giving committee. Please give the office a call at 413-736-3619. There is no obligation in this conversation, and, of course, a gift of any size is welcome.

*Sinai Temple's*

**Legacy Society**

**Our Turn to Create Sinai's Future**  
*in Partnership with-*  
Create a Jewish Legacy of Western Massachusetts

## Now you can make donations through Sinai ONLINE at [www.sinai-temple.org](http://www.sinai-temple.org)

You learn about someone's success or someone's sadness. You want to make a contribution but it's so much trouble to write a check.

Now you can skip the check and the snail mail.

Go to Sinai's website [www.sinai-temple.org](http://www.sinai-temple.org) and make the donation by credit card to any one of our funds ONLINE.

## Transportation Needed? Introducing the Sinai Shul Shuttle October 2010



Do you ever need a ride to the Temple? Have you ever missed a service or an adult education class or any other event because you couldn't find a ride?

Starting October 1, there will be a new way to participate in the Sinai community.

If you can't drive yourself, our Caring Community will drive for you.

All you have to do is call the Temple office at least two business days in advance to make a reservation. The Caring Community Committee will connect you with a Temple member who will happily do the driving.

If you know someone who needs transportation or if you are someone who wants to volunteer as an occasional driver, please call the Temple office as well.

See you at Sinai!

## Scroll of Life

The Scroll of Life is a work of art in the Oneg Shabbat Room. It was created by Presentations Gallery of New York.

The Isaiah quote at the bottom of the Scroll was taken from the Yom Kippur Haftarah as an expression of hope.

The Scroll has space on it so that Sinai members can commemorate either joyous events or memorialize loved ones. Each contribution of a plaque on the Scroll will be used to enrich the life and strength of Sinai. The cost of each plaque is \$200. The inscription may be 3-4 lines with a maximum of 27 spaces per line.



## Opening Doors: An Interfaith Outreach Program

Presented by Jewish Family Service of Western Massachusetts

as part of the

**BOLD VISIONS** Jewish Life Enrichment Initiative  
Beginning Wednesday, October 20, 2010, 7:00-9:00 p.m.

A bi-weekly, 17 session course for parents of other faith traditions who are raising Jewish children in an interfaith home. The course focuses on exploring the basics of Judaism, Jewish parenting, holiday celebrations, and resources available in the local Jewish community. No prior knowledge is needed; both fathers and mothers of other faith traditions are invited to participate in this welcoming and engaging program. The course also includes family activities, couples' sessions, and optional field trips.

Information Meeting

Wednesday, September 15, 2010, 7:30-8:30 p.m.

Come and meet the leader of the Opening Doors course and find out more about the program.

Leader: Shoshana Zonderman, MSW, MJEd

Cost: \$25 Registration Fee

## Donations

**Thank you for your contributions.**

*Please note: The donations listed below are as of August 11, 2010. Donations received after this date will appear in the October bulletin.*

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Now you can make donations through Sinai ONLINE at [www.sinai-temple.org](http://www.sinai-temple.org). You learn about someone's success or someone's sadness. Go to Sinai's website [www.sinai-temple.org](http://www.sinai-temple.org) and make the donation by credit card to any one of our funds ONLINE.

## The Memory of the Righteous is a Blessing

All of us at Sinai Temple extend condolences as we remember the following. Their memories are precious to their relatives, their friends and to each of us who form the community of Sinai Temple.

We remember those who have passed away from August 7 to August 11, 2010:

- Our congregant Isadore (Iggy) Roberts on August 11.

## Mazal Tov To:

- Esta and Tony Sobey on the birth of their granddaughter, Shoshana Rachel, daughter of Steven and Jordana Sobey.
- Rachel and Alan Sampson on the marriage of their son, James, to Laura.
- Ruth Webber on being the recipient of the 2010 Kipnis-Wilson/Friedland Award given by National Women's Philanthropy Board of the Jewish Federations of North America.

## The Mitzvah Habit: Help us feed the hungry

You can't miss it! Every time you enter the Temple, you see the box for THE OPEN PANTRY on the floor outside the Temple office. Sometimes the box is full; sometimes it's fairly empty. But every week the Open Pantry truck comes by to scoop up whatever the box contains and take it back to the Open Pantry.

You can help keep the box full. Here's how. Whenever you go shopping, buy an extra non-perishable food item. Then whenever you come to the Temple, bring along your food item and drop it in the box. If you're coming to a meeting or services, if you've got business in the office, if your child is coming to Religious School, start a new MITZVAH HABIT. Bring some food along and place it in the box for the OPEN PANTRY.

Preferred foods for the Open Pantry are: Canned tuna, chicken, sardines, cereals, peanut butter and nuts, canned and dried beans, soups, pasta, dry milk, instant formula, and canned food.

**Jewish Family Service of Western Massachusetts is pleased to present**

**Caring for Our Loved Ones: It's Not So Easy**

**A conversation based on the Gail Sheehy book, *Passages in Caregiving***



- Panelists will include:
- Rabbi Mark Shapiro, Sinai Temple
- Rabbi Amy Katz, Beth El Synagogue
- Kathy Bowen, Older Adult Director at Jewish Family Service

The discussion will offer caregivers and families:

- Strategies
- Resources
- Questions and Answers
- Next Steps

DATE: October 6, 2010  
 Time: 7:30 p.m.  
 Location: Grinspoon Jewish Community Campus  
 1160 Dickinson Street, Springfield, MA  
 Cost: Free

This will be the first of an ongoing series of community programs supporting caregivers.

This is a Jewish Family Service BOLD Visions program responding to the changing needs of the Jewish community.

Registration:  
 Pre-registration is recommended.  
 To register by e-mail, contact [JewishLife@jfswm.org](mailto:JewishLife@jfswm.org);  
 to register by telephone, please call (413) 737-2601.  
 The Jewish Family Service website is [www.jfswm.org](http://www.jfswm.org).

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Visit our website: [www.sinai-temple.org](http://www.sinai-temple.org)

# Sinai Temple

BULLETIN



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## What Can You Do To Build Sinai Temple This New Year?

### Be a Recruiter:

If you know a member who is considering leaving, encourage them to stay  
If you have an unaffiliated friend, invite them to a Sinai service or special event

### Be a participant:

If you come to services once a month, come twice  
If you come alone, bring a family member or a friend

### Be a Life Long Member:

Find a spot for yourself in the congregation's life.  
If you don't see something for you today, get in touch and help make it happen.  
Continue to be a member no matter where you are in the life cycle.