

Sinai Temple

BULLETIN



Celebrating Israel @ 60

For Your Consideration

Rabbi Mark Dov Shapiro

You're on an airplane - probably squeezed into a narrow seat...the engines roaring in your ears. But truth to tell, it's not that bothersome. Some people are sleeping; some are talking with the passenger beside them. Other people are reading. It's almost peaceful.

And then the plane lands.

Within seconds, people pull out their phones, BlackBerries, and all manner of electronic devices. The moment the plane comes to a stop you hear the machines coming to life. 10...20...30 people hook up to the outside world almost frantically beginning to talk, make an appointment or do business.

I'm picturing this scene because I've been thinking a lot about the frenzy that characterizes our lives. We are connected to our world and our schedules these days with barely any room for ourselves. That is why I am very interested in exploring Judaism's oldest antidote to exhaustion. It's called Shabbat.

On Yom Kippur, I hope you will join me in thinking creatively about the way we live our lives. At that time, I am going to introduce a theme for our community entitled - Take Back Your Time: Rediscover Shabbat. I guarantee this will not be the "usual" message from the bimah. I've actually worked with several groups of Sinai congregants over the summer to develop new ideas about our use of time. At the suggestion of these congregants, we are even including a copy of my Yom Kippur sermon from last year that dealt with Shabbat. We invite you to read that 2007 sermon in preparation for my 2008 sermon.

When the plane touches down at Sinai on Yom Kippur, let's revisit Shabbat and our busy lives. I believe we have some important work to do. It's time for us to "take back our time and rediscover Shabbat."

Saturday Torah Study

Every Shabbat morning. Learning at 9 a.m. (with bagels & coffee)

Saturday Mornings

Services at 10:30 a.m.
Mazal Tov to our Bnai Mitzvah

October 11 - Michael Plumb
Son of Reva Kleppel and Jerry Plumb

October 18 - Logan Skole
Daughter of Laura Skole

Special for kids & parents...

The Wiggle Room is available during Family Services. Babysitting during the Kabbalat Shabbat Service.

For Yom Kippur, Sukkot, and Simchat Torah dates and times, please see Page Two.

FRIDAY EVENING SERVICES - NOTE THE TIMES - 76-88

FAMILY SERVICE at 7:00 p.m.

October 3

Another chance to celebrate our New Year.

KABBALAT SHABBAT at 6:00 p.m.

October 10

Come from work, unwind, and then head home in peace.

(Veggies and snacks at 5:30 p.m.)

FRIDAY NIGHT LIVE at 8:00 p.m.

October 17

Special music. New music. Tap your toes & sing along.

FRIDAY NIGHT CLASSICS at 8:00 p.m.

October 24 and 31

Shabbat Shalom!

The Holidays of Tishri continue...

Memorial Service

Sunday, October 5 at 2:00 p.m.
At the Sinai Temple Cemetery

Kol Nidre

Wednesday, October 8 at 8:00 p.m.

Yom Kippur Day

(Times approximate)
Thursday, October 9

Morning Service 10:00 a.m.
Musical Interlude 12:30 p.m.
Study Options 1:30 p.m.
Afternoon Service 3:00 p.m.
Yizkor Service 4:45 p.m.
Neilah/Closing Service 5:45 p.m.

Erev Sukkot

Monday, October 13
Starting at 7:00 p.m.

We start the evening earlier than usual in order to meet outside and decorate the outdoor sukkah. After that, the harvest celebration continues at 7:30 p.m. with a Sukkot Family Service in the sanctuary.

Sukkot Day

Tuesday, October 14
At 10:30 a.m.

It's time to give thanks for the natural world around us. Lulav and etrog. Kiddush in the sukkah.

Sukkot Day Continues...

Tuesday, October 14
At Noon

Our Annual Fall Seniors Luncheon will take place after services. The Caring Community will host Sinai's Seniors. Invitations are in the mail.

Erev Simchat Torah

Monday, October 20
At 7:00 p.m.

The entire congregation is invited to one of the year's great celebrations. We will consecrate our First Graders and then march and dance with all five of our Torah scrolls. Special music! Special festivities! Chatan Torah (reading Deuteronomy) will be Amy Cohen; Chatan Bresheet (reading Genesis) will be Madeleine Cohen.

Simchat Torah/Yizkor Service

Tuesday, October 21
At 10:30 a.m.

We will mark the conclusion and beginning of the Torah cycle and also conduct a memorial service. Mini-luncheon to follow. Notes about the Holidays

Notes about the Holidays

Prayers and Blessings for Your Home

Yom Kippur begins at home with family meals. Your meal can become more than a pleasant dinner by making into a sacred occasion with the appropriate blessings for the holiday. Our website has everything you need in English, Hebrew, and transliteration. www.sinai-temple.org

Babysitting for Children through Kindergarten

Babysitting for small children ages two through Kindergarten (no infants) will be available during Yom Kippur morning services. Please contact the Temple office to reserve a spot for your child...736-3619.

Child Programming for Grades One & Two

An age appropriate program for children in Grades 1 and 2 will be available Yom Kippur morning. Please contact the Temple office to reserve a spot for your child...736-3619.

Children in Grades Three through Six

On Yom Kippur morning, we will be offering a service designed for this intermediate age group. Too old for a children's program; often too young for the full adult service. More information will follow.

Welcome to Sinai!

We're so glad you decided to join Sinai Temple in the past month.

Cantor Martin and Sherri Levson and their two daughters, Jodie and Elizabeth
Sidney and Marjorie Chase
Barbara Solomon
Jill and Justin Baker and their two daughters, Carly and Samantha

The Sinai Temple Bulletin is published monthly by Sinai Temple, Springfield, Massachusetts. This is Issue Number 1 for the year 2007-2008.

Mark Dov Shapiro Rabbi
Martin Levson Cantor
Sheila Shear Director of Education
Andy Chaet SPFTY Advisor

Officers

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Visit our website: www.sinai-temple.org

**News About SPFTY
Andy Chaet, SPFTY Advisor**

Shalom SPFTYites,

So now that you have a month of school safely tucked away, I am sure you are very excited to see what SPFTY has planned for the month of October.

I am very excited to tell you that September was very successful. The month started off with a board meeting at Josh Fisher's home. We had planned to swim and conduct our meeting outside, however the rains (some would say a flood) would not allow that option. We met indoors and planned a very ambitious year for all SPFTY members. These teens worked very diligently to provide a fun and exciting program for SPFTY. A HUGE THANK YOU to Josh, his parents, Marc and Shelley, and his brothers, Aaron and Zack, for being such gracious hosts and welcoming us in to their home.

A thank you to the Men of Sinai for inviting us to their family BBQ on Sept. 21, which allowed us to put on a fund raising Bake Sale.

Our OCTOBER Schedule is as follows:

Sunday, October 5, 5:00-7:00 p.m. - Ice Cream Social with a Pajama Party theme. All Teens Welcome!

Thursday, October 9 - Yom Kippur Day SPFTY will be assisting in collecting of non-perishables for the Temple's food drive (call Josh Fisher to sign up)

Saturday, October 18, 2:00 p.m. - SPFTY assisting with Sukkot Dog Day. (call Kyle Thomas to sign up)

Saturday, October 25 - Levi Leap at Temple Bet Am Framingham MA (NFTY) (call Jillian Bertuzzi or Mr. Chaet for forms and info.)

So as you can see October looks great!

- Please send in your membership dues (\$40) along with application as soon as possible so we can make these events happen.

- We are planning a ski trip for either January or February. Dues must be paid by November 1st to attend the ski trip.

- The revamping of the Teen Lounge has begun. The Teens are very excited as they continue to find their inner interior decorator and designer.

- This message will make awesome refrigerator material!!!! Keep the above dates handy and as always feel free to contact me with any questions.

Andy Chaet
aechaet@yahoo.com

Representatives from Eisner Camp and Crane Lake Camp Will be at Sunday School On Sunday, October 26 Parents are Invited!!!!

If you want to learn more about Jewish summer camping, please join us on Sunday, October 26 for a presentation on the Reform Jewish camps of the Berkshires. A DVD will be shown; brochures will be available. The camp presentation will take place at 11 a.m. right after the PACT program for all families with children from Kindergarten to Third Grade.

Jewish Summer Camping Can Make All the Difference in Preparing a Jewish Child for the Future

Our Reform movement runs two remarkable summer camps in the Berkshires. One is called Eisner; the other is called Crane Lake. Last year several Sinai students attended each of the camps. Your child would love either camp. Scholarships are available for sessions in July or August. Please speak to Rabbi Shapiro as soon as possible.

Scholarships for Free

If your son or daughter is planning to attend any kind of Jewish program this summer, please take advantage of the Temple scholarship program. Thanks to the Joseph Emanuel, Rabbi Herman Eliot and Adele Biederman Snyder Memorial Fund, scholarships are available in small and larger amounts. We are also thankful to the family of Edna Simon and Judy and Michael Cohen who support summer scholarships as well.

Your confidential request should go to Rabbi Shapiro no later than March 1.

Mission Statement

Sinai Temple is a welcoming and inclusive Reform Congregation where our members pursue a continuing journey of Jewish growth. We are guided by the history and traditions of the Jewish people as we encounter the challenges of the modern world. We encourage participation in prayer, life-long Jewish learning, and social justice within a joyful, creative, and compassionate community.

Take Back Your Time: Rediscover Shabbat.

Read the Rabbi's Sermon

Rabbi Shapiro's 2007 Yom Kippur sermon is reprinted with this bulletin. The Rabbi happens to have spoken about Shabbat last year. He will be returning to the same subject this year. You're invited to jump start your own Shabbat thinking by visiting last year's remarks.

Let's Have a Conversation – Saturday, October 11

As a follow-up to Rabbi Shapiro's sermon on Shabbat, you are invited to a feedback session on Saturday morning, October 11, from 9 to 10 a.m. You may agree with the Rabbi's Shabbat sermon. You may disagree. You may want to add your own thoughts. Come join the Rabbi for this one hour conversation, which will take the place of Torah Study on October 11.

Jewish and Decent: How to Become a Better Person Saturday mornings at 9 a.m. October 18 – December 20

Ten Saturday morning conversations about living life with less anger and worry. Finding patience, simplicity, balance, happiness, and zest for living itself.

Rabbi Shapiro will lead the journey as we turn to Judaism's hidden treasure - Mussar literature - the practice of goodness. (The Mussar sessions will be Torah Study for these ten weeks.)

You've always wanted to learn Hebrew? Fall 2008 is your chance!!!!

The Adult Education Committee is continuing our successful model for Hebrew learning. Over the last two years, more than 75 adults have learned Hebrew at various levels. You're invited now to continue the process. Classes will be offered at different levels and different times. If you are interested, please call the Temple office TODAY. You can also e-mail Robin in the office rblanchettegag@sinai-temple.org. We will form classes based on the number of people who express interest!!!

Special Opportunities to meet Cantor Levson – A series of home coffees

If you would like to meet our new cantor in a relaxed, informal setting, our Transition Committee is offering a series of HOME COFFEES this fall. These will be opportunities in people's homes for an evening of conversation with the Cantor. It's what you might call a "meet and greet" for the Cantor and all of us. You can host such a coffee or just attend a home coffee. For information, please call Pamela Kalman at 565-2278.

Save the Date – Friday, November 21 Installation and Welcome Service for Cantor Martin Levson

The entire congregation is warmly and happily invited to an official service of welcome and blessing for Cantor Levson on Friday, November 21 at 8 p.m. As part of the festivities, Cantor Levson has invited two good friends of his, Cantor Josee Wolff and Cantor Elisabeth Goldmann. All three cantors will participate in this terrific evening!

Kabbalat Shabbat: A Terrific Time for a Service! 6:00 - 7:00 p.m.

If you're too tired after a week in the office, don't go right home after work. Come to services first. Starting at 5:30 p.m., we'll feed you veggies and snacks. The service that follows will refresh you for a wonderful weekend.

Monthly Morning Service Wednesday, October 1 at 7:30 a.m.

A chance to start your day with a different focus. We meet on the bimah for a service of 20 minutes. Breakfast follows. The feeling of togetherness is wonderful. The spirit is unique. Those who need to leave for the rest of the day are free no later than 8:15 a.m.

Future "morning minyan" services will take place on Wednesdays, November 5, December 3, January 7, February 4, March 4, April 1, May 6, and June 3.

First Thursdays (mostly):

Lunch and Learn

Thursday, October 2

12:00 – 1:15 p.m.

Bring your lunch to the Oneg Shabbat room for a discussion of contemporary Jewish concern with Rabbi Shapiro. Future discussions are November 6, December 4, January 8, February 5, March 5, April 2, May 7, and June 4.

Adult Bar/Bat Mitzvah

Are You Interested in Starting a New Class For A New Year?

Last call! It's not too late. Although some congregants did begin to meet last May and June, it's not too late to join the newest Adult Bar/Bat Mitzvah group. We are meeting Saturday mornings with Rabbi Shapiro. If you have questions, speak to the Rabbi.

Is Sinai Temple Kosher?

Last May our Board of Trustees adopted a document entitled "Kashrut Guidelines for Sinai Temple." These kashrut thoughts are located on our website. Please visit the website where you can read what was written and also offer your own response: www.sinai-temple.org

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The Sinai "Code" for Friday Evening Service Times

On the first Friday of every month, come pray at 7:00 p.m. On the second Friday of the month, services start at 6 p.m. On the following two Friday evenings, please join us at 8 p.m. Remember - 76-88!

Honoring Cantor Mekler: DVD Available for Purchase

Hundreds of congregants filled Sinai on Friday evening, May 16 to honor Cantor Mekler. The evening was filled with laughter, tears, and wonderful stories. Howard Kalodner, Michael Gordon, and Seth Kaye captured the evening in outstanding images and Howard was able to bring the images together into a DVD of the evening. A copy of the DVD will go into Sinai's archives, but, congregants are welcome to purchase a copy for themselves. The service and the reception are all there! If you are interested, please send a check for \$5 payable to Sinai and request your copy of the May 16 DVD.

www.sinai-temple.org

Notes from Cantor Martin Levson

As we stand poised at the beginning of a new Jewish year, a year filled with new possibilities and opportunities, we once again look forward to observing the High Holidays. We anticipate the soul stirring sounds of the shofar, and we make plans to gather with friends and family for services (and meals). We personally take stock of our lives during the past year, and we think about how we might make the coming new year better than the last.

My favorite phrase associated with the High Holidays comes from, of all places, the very end of the Book of Eicha (Lamentations). "Chadeysh yameinu kekedem." This is usually translated as "renew our days as of old." But a wonderful teacher some years ago reinterpreted this phrase by saying that this is not some wistful remembering of "the good old days." Rather, this is a mandate for us to make these days so good that we won't have any need to wallow in cheap nostalgia! Or, in the words of a late twentieth century poet, "These are the days you'll remember."

I would like to express my thanks to the members of Sinai Temple for your warmth and friendship during the Levsons' first few months in Longmeadow. Sheri, Jodie, Liz, Candy, and I all wish you a "Shana tovah u'mitukah," a good and a sweet New Year!

Ivdu et Hashem B'simcha! Serve the Holy One with Joy!

"Ivdu et Hashem B'simcha!"

"Serve the Holy One with Joy!" (Psalm 100:2)

Cantor's Jam Session!

Thursday, October 23, 7:30 P.M.

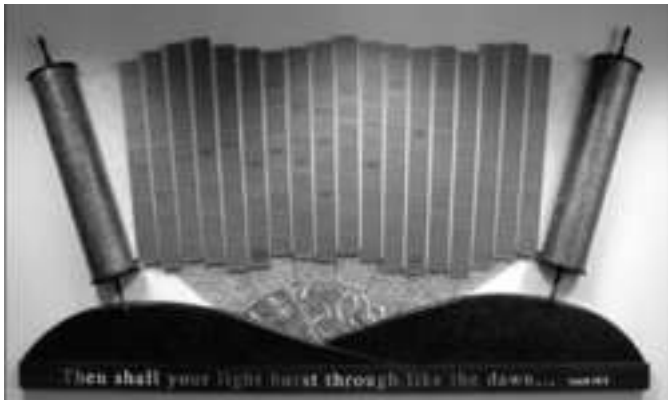
Do you play an instrument? Then let's make a "Joyful Noise to Adonai" together! Bring your instrument and come and play some fun Jewish tunes! Lead sheets and chords will be provided. If you would like to bring a song, please bring copies of the music. Please RSVP to Cantor Levson at 736-3619, and let him know what instrument you will be bringing. "Tzur AI!" ("Rock on!")

"Ivdu et Hashem B'simcha!"

"Serve the Holy One with Joy!" (Psalm 100:2)

– Cantor Martin Levson
Sinai Temple, Springfield, MA

Scroll of Life



The Scroll of Life is a work of art in the Oneg Shabbat Room. It was created by Presentations Gallery of New York. The Isaiah quote at the bottom of the Scroll was taken from the Yom Kippur Haftarah as an expression of hope.

The Scroll has space on it so that Sinai members can commemorate either joyous events or memorialize loved ones. Each contribution of a plaque on the Scroll will be used to enrich the life and strength of Sinai.

The cost of each plaque is \$200. The inscription may be 3-4 lines with a maximum of 27 spaces per line.

How to Reach Us.....

Sinai Temple Phone Numbers and E-Mail Addresses you should know:

Rabbi Mark Dov Shapiro	
c/o rblanchettegage@sinai-temple.org	736-3619 ext. 10
Cantor Martin Levson	
c/o rblanchettegage@sinai-temple.org	736-3619 ext. 14
Sheila Shear	
sshear@sinai.temple.org	736-3619 ext. 16
Karen Sprenkle	
ksprenkle@sinai-temple.org	736-3619 ext. 11
Robin Blanchette-Gage	
rblanchettegage@sinai-temple.org	736-3619 ext. 10
Connie Kennedy	
ckennedy@sinai-temple.org	736-3619 ext. 15
Donna Comstock	736-3619 ext. 18
Andy Chaet	
aechaet@yahoo.com	736-3619 ext. 20

Men of Sinai

As of now, I hope all the men of our congregation have received and responded to the Men of Sinai news-letter that was sent in early September. If you did not get one, please call or email and I will make sure you receive it.

Our first BBQ of this new year went very well. Everyone who attended had a fine time. We will have another BBQ towards the end of the year, so keep tuned to updates to the calendar appearing in this column and e-mails we will be sending out.

Please take a moment, if you have not done so already and send back the coupon in the newsletter so we can record you properly as members of Men of Sinai. Most importantly, please join us at our various events and meetings. Come to have fun, perhaps work a little, and get to network with other men of the congregation.

The currently planned events for October are:

October 7: Board Meeting

7:00 p.m. food; 7:30 p.m. meeting

October 12: Breakfast 9:00 a.m. - 11:00 a.m.

October 13th at 7:00 p.m.: Help with building the Sinai Sukkah for Sukkot.

October 26: Evening with Cantor Martin Levson. We are very excited to have our first evening with our new cantor. Please plan to join us at 7:00 p.m. for a light supper, some learning, some singing, and some conversation. Please RSVP to the temple office at 413-736-3619 or e-mail our secretary David Amster at thevideoguy@cox.net so we can figure the space and food requirements.

As I write this in early September, I still want to express my wishes, and those of my wife Rebecca, and family for each of you to have a happy and healthy 5769!

Scott M. Sherman, President

MEN OF SINAI

(formally Sinai Temple Brotherhood)

Birthright – A FREE Israel trip if you're between 18 and 26

Rayna Trietsch

When I signed up for the Birthright trip called Israeloutdoors- Israel By Foot, I had no idea what kind of experience I was in for.

I was lucky enough to travel to Israel when I was nine years old with my family. However, even though I revisited many of the same sites, my experience this summer was very different. This trip, I was able to see the sights from a new perspective; not only from a more mature perspective, but also from a more involved perspective. Almost everyday of the trip, with the exception of Shabbat, we would go for a hike in whatever part of the country we were in. Each hike was usually about six hours long and encompassed some of the most amazing views I have ever seen. We hiked in places such as the Lower Galilee, the Golan Heights and the Negev. Some hikes involved hiking by water where we would have to work as a group to try and cross the rivers, while other hikes were in places where water was hard to find.

Some of my favorite memories include watching the sunrise from the top of Masada, sleeping under the stars in the desert, covering myself in mud from the Dead Sea, and repelling into a canyon in the Negev. I remember that we got a late start when we were heading out to Masada. We only had half an hour until sunrise and it was at least a forty-five minute hike to the top. I was determined to make it to the top for sunrise and I hiked up the path in under twenty minutes to get there right before the sun rose.

I also remember when we were camping in the desert we had the option of sleeping inside tents but I did not want to. I was one of the few people who decided to sleep under the stars and I will never forget that experience. I had never seen so many stars in my life as I was falling asleep that night. I woke up at one point just before dawn and looked up to see the sun start to rise above the mountains while the moon was still shining above a small town in the hills in the distance.

Besides the sites of the countryside, I was also able to learn a lot about Israel's history. We visited places like Yad Vashem, Independence Hall, and the Western Wall which were all unforgettable experiences. At Yad Vashem, we were able to listen to a Holocaust survivor's story and how she ended up fighting in the resistance and helping as a nurse after she escaped.

In addition to seeing historical sites, our group was expanded a few days into our trip when a group of ten Israeli soldiers joined us. It was a great learning experience to come to know each soldier and listen to what their lives are like in Israel as well as discuss topics such as the war and politics. It also made everything much more personal and real to us. When we visited Mount Herzl, where many soldiers are buried, we heard first hand accounts of how friends of the soldiers had died in battle and talked about their fears that accompany living in a country where everyone must serve in a time of war. I will never forget standing there with my group and all of us crying together over the graves of soldiers our age and even younger.

One of the most important parts of the trip to me was not what I saw or the places that I visited, but it was the people I met. I formed friendships with each person on my trip even though we were all so different. We were able to bond through our common experiences and by the end of the trip we were all one big family.

Your Child At Eisner Camp Next Summer!

The following letter was written by Hallie Goldstein, a veteran Eisner camper.

Dear Rabbi and Cantor,

Thank you so much for helping me be able to come to camp this summer. As camp comes to an end, it is sad to think I will have to wait a whole year before I will be coming back. This summer has been a truly amazing one. From trip days (Newport/Providence, RI 1st session and New York City 2nd session) to the 4th of July, and Israel Day to Maccabia, this has been a summer to remember.

Another fun thing this year was Limud, believe it or not. Limud is the Jewish learning part of the day. Because I am part of the upper camp, we get mini courses (which we switch every week) that we choose. One of my favorite mini courses was about the IDF. In this mini course, we learned about the IDF or Israeli Defense Force, and what some Israelis do in the Israeli army. One day we went around camp where there were different obstacles set up that our teams had to complete.

Also, the counselors as well as campers have been amazing this year. Some of my own counselors are from Israel, England and South Africa. This being my 12th summer at Eisner. I thought I had made most of my friends; however, I am happy to say there were many new campers this year, who are now my good friends. As you can see this has been a very meaningful summer to me, one that I will remember forever.

Thank you so much for helping me get here.

Sincerely,

Hallie Goldstein

**The Caring Community of Sinai Temple
cordially invites you to attend
A Sukkot Luncheon
for Sinai Senior Members
With a Musical Celebration Featuring
Cantor Martin Levson
Tuesday, October 14
12:00 noon**

*Cantor Levson will weave together
stories and music to celebrate
our harvest festival and the New Year.*

Please note that Sukkot morning services will take
place in the sanctuary at 10:30 a.m.
You're welcome to join us at services
or simply arrive in time
for our luncheon.)

There is no charge for this wonderful program.
Please RSVP to the Temple Office at 736-3619
no later than Monday, October 6.

October is National Domestic Violence Awareness Month

Jews experience intimate partner violence at the same rate as the general population. One in three women, including Jewish women, will experience abuse at least once in her lifetime. Given these statistics, someone you know has been abused.

From a Jewish perspective, this work is important.

"Peace will remain a distant vision until we do the work of peace ourselves. If peace is to be brought into the world, we must bring it first to our families and communities." Gates of Repentance

As Jews we know that if one of us is enslaved or endangered, none of us is free

The Social Action Committee determined that a synagogue community response might be of interest to our members. If you want to assist us please call or email :
Hermine Levey Weston- 204 5328 leveyweston@gmail.com or Leslie Hager- 567 0697 saftaseven@verizon.net

"Green" is the Color of the Future Adapted from - This Old House, October 2006

Plant deciduous trees

Plant trees now on the south, east, and west sides of your house. In five years they may provide enough shade to let you run your air conditioner less frequently. When the trees mature, they could save you as much as 40% on your cooling costs. Beyond shading your property, trees also help combat the "heat island" effect that occurs in urban areas where concrete and asphalt absorb and hold in the heat. Two popular varieties are red oak for large lots (it grows to 70 feet tall) and trident maple for smaller ones. But before you buy any saplings check with your city/town public works department; some trees have invasive roots that plug water and sewer lines.

Insulate hot-water pipes

Without insulation, your house's hot-water pipes act as a gigantic radiator, transferring heat to the air so efficiently that any water in the pipes - even if it left the boiler at a toasty 105 degrees - is barely lukewarm 15 minutes later. So if you wash your hands to prep dinner, then need to rinse a pot, you'll have to wait for the hot water all over again. The solution: Insulate pipes whenever you can reach them by encasing them in rubber or polyethylene foam tubes. The tubes come with an adhesive-coated slit down the middle, so you can just ease them over the pipe and press the ends closed. Seal the seam with duct tape. Tests show that insulation can double the cool-down time in ½-inch pipe and triple it in ¾-inch pipe.

Question 1 May Be Dangerous to Your Health

Question 1 will appear on this November's ballot. It calls for the elimination of the state tax in Massachusetts. If passed, the state income tax would be eliminated immediately, costing the state 40% of its budget or over \$12 billion.

If passed, every community in the Commonwealth, will not be able to meet the most basic needs of its citizens. The ability to care for children, elderly, sick and needy is at stake. Without adequate fire and police protection, without safe roads and bridges, without snow plows on our streets, risk touches all. Without quality education, not only do children suffer, but the prospects for economic health grow even dimmer.

You can learn more by going to <http://votenoquestion1.com>

Mazal Tov To:

Bob and Sharon Leff on the birth of their granddaughter, Sadie Ruth Leff born on July 29. The proud parents are Gloria and Oren Leff.

Art and Gloria Lash on the birth of their granddaughter, Esme Laurel Hinyard-Lash born on August 2. The proud parents are Leslie Hinyard and Jeff Lash.

Elaine Nathan and Kenneth J. Shusterman who were married on September 7 at Sinai Temple.

Congratulations to Marilyn and Robert Rappaport on the birth of their granddaughter Anna Jane Colton. The proud parents are Jessica and David Colton.

They're hungry – very hungry Please bring your "Food of the Month"

Hunger presents an ongoing crisis in the Pioneer Valley. More people are turning to community pantries for more food every single month.

Our Social Action committee is proposing that we at Sinai double or even triple our food collections this year. This year we invite every congregant to bring a "food of the month" to the Open Pantry box outside the lobby. We are collecting the following foods:

October	Tuna
November	Rice
December	Beans
January	Soup/Canned vegetables
February	Peanut Butter
March	Baby formula
April	Watch for a special food drive on Sunday, April 5
May	Cereal

They're hungry – very hungry. Please bring the "food of the month" to the Temple.

Sponsor an Oneg Shabbat to Celebrate Your Simcha

When something good happens in your family, whether it be a special birthday, anniversary, engagement, wedding or bar/bat mitzvah we hope you will consider sponsoring an Oneg Shabbat at the Temple. There are many options. Your Oneg can truly make a simple Friday night into a very beautiful Friday evening.

For questions and details please call Karen Sprenkle, our Office Manager at 413-736-3619, extension 11.

Take Ten Minutes for Torah

In 2003 Rabbi Eric Yoffie asked, "Who among us is so busy that he cannot spend 10 minutes a day in the study of a Jewish text?" Make this fall the time you find those 10 minutes a day to learn and read Torah. Each day's email focuses on a different subject; sign up for one, two or all five to have an email arrive that will start your day off with learning. Sign up at <http://urj.org/torah/ten>.

The PJ Library Offers FREE Books and CD's

Parents and children have warm memories of the time before bed, when they snuggle together and end the day with a book. The PJ Library, the newest initiative of the Harold Grinspoon Foundation, wants to turn these special moments into Jewish moments.

Any Jewish family living in Western Massachusetts with children between the ages of six months and six years is eligible to receive a monthly mailing of a Jewish children's book, CD, or the occasional parenting book. The PJ Library is FREE for families during the first year of participation, with a nominal donation requested each year thereafter.

If you have not already signed up to receive PJ Library books, please consider enrolling your child today. Go to www.pjlibrary.org. If you live in Western Massachusetts but have relatives or friends living elsewhere, a subscription to the PJ Library (only \$60.00) makes a great gift! Contact Rachel at (413) 439-1942 for additional information.

Your E-mail Would be Helpful

Our Temple office would like to have your e-mail if you belong to Sinai Temple. Why would we want your e-mail? We would like to be able to communicate with the congregation more effectively. In times of crisis (such as a congregant's death) AND joy (births/engagements) it would be so helpful to be able to share news in this rapid way. On other occasions, e-mail could also make it possible for our community to be in touch immediately. For example, a few years ago when Rabbi Shapiro returned from a trip to Israel, he prepared a report on his experience. It was "news." It was something with immediate interest. We did send out the report to those who were already on the e-mail list. We can even send the Temple Bulletin to e-mail recipients.

Please e-mail your e-mail to Robin Blanchette-Gage, the Rabbi's secretary, at rblanchettegage@sinai-temple.org

Sweet Harvest Festival Monday, October 13

A community-wide celebration of Sukkot will take place on Monday, October 13 from 11 am to 4 pm at the National Yiddish Book Center in Amherst, MA. A festival for all ages, activities will include musical performances, making a lulav shake, relay games, Israeli dancing, family art projects, enviro-activities, storytelling, kosher food for sale, and more.

Tickets for the day are \$5 for adults, \$3 for children 3-12 with an \$18 max for families.

This event is a collaboration of the National Yiddish Book Center, the Harold Grinspoon Foundation, and synagogues and other Jewish institutions from across the Pioneer Valley.

For more information contact Judi Wisch at 413-439-1973 or judi@hgf.org

The Memory of the Righteous is a Blessing

All of us at Sinai Temple extend condolences as we remember the following.

Their memories are precious to their relatives, their friends and to each of us who form the community of Sinai Temple.

We remember those who have passed away since August 10 to September 8, 2008:

Eunice Luvarsky, the sister of Shirley Hersh.
Margaret Miller, the Mother of Rina Miller.
Edward Cohen, the brother of Marsha Roth.
Louis Snyder our congregant.

We would like to Stay in Touch:

Please feel free to be in touch with the Temple members who are in leadership positions this year.

This year's Executive Members are:

President..... Dave Roberts 860-763-3902
First Vice President . Rina Miller 567-0398
Vice President Roberta Gang 567-6126
Vice President Mark Stone 567-0392
Treasurer Joel Bertuzzi 567-3524
Financial Secretary . Laurie Weinberg 599-1978
Recording Secretary Jackie Neiman 567-7978

Board of Directors

Richard Black..... 567-6665
Sharyn Breslau..... 567-3356
Andy Chaet..... 747-7107
Mel Chafetz..... 860-668-0494
Nick Ciciretti..... 567-0196
Tina DeMeza..... 567-1330
George Dickstein..... 567-8758
David Frank 567-6649
Michael Freedman 567-6930
Susan Goldman..... 567-7474
Gary Gootzit..... 562-1123
Marlene Gordon 567-6298
Steve Katz..... 525-2998
Laura Klein 567-9618
Rickie Leiter 567-5574
Bruce Leshine..... 567-5834
Elaine Nathan 788-6793
Belle Rita Novak 737-1724
Scott Sherman 283-9696
Susanne Simon 566-8045
Joel Solomon 567-0073
Sherry Souliere 567-7446
Gloria Wald..... 525-3507

LEGACY WHAT WILL YOURS BE?

What will you bequeath to future generations? How will the ideals you cherish now be sustained then? Who will articulate your principles for the sake of your grandchildren, your faith, your community and your country?

There is an answer.

With your help, Sinai Temple will endure as a powerful voice, sustaining those beliefs you hold dear. Now. And for future generations.

To obtain more information about remembering Sinai Temple in your will or estate, please contact:
Dave Roberts, Temple President,
Geoff Berman, Legacy Society Chair,
Or Rabbi Shapiro

The Isaiah Hunger Fund

Sinai's "hunger fund" collected \$2500 over the last year as a result of donations made by you and you and you! At its recent meeting, the Social Action Committee voted to disburse these funds to local agencies dealing with hunger. \$500 is to be donated to the Gray House, \$500 to Rachel's Table, and \$1500 to the Western Mass Food Bank. Thank you to everyone who supported the hunger fund over the last year.

Sinai Temple

BULLETIN



1100 Dickinson Street
Springfield, MA 01108
(413) 736-3619
<http://www.sinai-temple.org>

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SINAI TEMPLE DOG SHOW SATURDAY, OCTOBER 18 2 TO 3:30 P.M.

You and your dog are invited to Sinai Temple's first ever event for the **DOGS YOU LOVE.**

Bring your dog to Sinai's lawn and parking lot for:

- Races!
- Trick demonstrations!
- Photo booth for your dog!
- Parade of all the dogs!
- Frisbee & tennis ball catch!
- Socializing for all of us!

For safety reasons, registration is limited to the first 35 dogs. Your dog should be well socialized with people and other dogs. No retractable leashes please.

To register, please complete a form in the Temple office no later than Wednesday, October 8.

