

# Sinai Temple

## BULLETIN



## For Your Consideration

Rabbi Mark Dov Shapiro

Most people don't think of 2005 as an election year, but for you and me it is. We need to register and then vote in the upcoming elections for the World Zionist Congress.

What's the WZC? Look upon the World Zionist Congress as the equivalent of a world Jewish parliament. Every country where there are Jews sends a delegation to the Congress, which takes place in Jerusalem every few years. At the Congress millions of dollars raised from world Jewry are disbursed in Israel. If the delegates from around the world are largely liberal Jews, more money will be spent on projects that benefit liberal Jewry. If the delegates are Orthodox or further to the right, the money will go to much less progressive projects.

The next World Zionist Congress is scheduled for June 2006. Voting for the American delegation to the WZC runs from mid-November to February. In 1997 and 2002, when elections like this took place, Reform and Conservative Jews registered so strongly that, for the first time ever, the American delegation to Jerusalem was overwhelmingly liberal. Millions of dollars therefore flowed to Reform schools and projects that have helped grow Reform Judaism throughout Israel in the last several years.

Here is our challenge. First and foremost, you and I need to register to vote. We can do that most easily on-line. Just go to our Temple website ([www.sinai-temple.org](http://www.sinai-temple.org)) and you'll find the WZC link on the home page. It will cost you \$7 per person to register (\$5 for full time students over 18), but the investment is worth it.

Registered voters will receive ballots. I recommend that you use your ballot to vote for the ARZA slate. That's our Association for Reform Zionists of America.

The result will be an American delegation in Jerusalem next June that will work for funding to support the kind of Reform Judaism in Israel which makes it possible for you and me to live proud Jewish lives in a modern way.

One vote matters; your vote will really count!!

## Saturday Services

**MAZAL TOV TO BNAI MITZVAH**  
Saturday services at 10:30 a.m.

**November 5 – Liza Posner**  
Daughter of Stephen & Maureen Posner

**November 12 – Benjamin Zeller**  
Son of Robert Zeller

**November 26 – Brian Plumb**  
Son of Jerry Plumb & Reva Kleppel

## Tot Shabbat

**Tot Shabbat for Little People  
Who Can't Sit Still:**

**A Pre-School Service  
Friday, November 18 at 6 p.m.**

## FRIDAY EVENING SERVICES - NOTE THE NEW TIMES - 76-88

**FAMILY SERVICE at 7:00 p.m.**  
**November 4**  
Songs, prayers, and a terrific story.

**KABBALAT SHABBAT at 6:00 p.m.**  
**November 11**  
Veggies and snacks at 5:30 p.m.

**FRIDAY NIGHT LIVE at 8:00 p.m.**  
**November 18**  
Music with a special style.

**FRIDAY NIGHT CLASSIC at 8:00 p.m.**  
**November 25**  
Shabbat Shalom with Gates of Prayer

*Women of Sinai and the Sinai Temple Cookbook*

*Committee invite you to*

## **A TASTE OF SINAI BRUNCH**

Come join us for this kick-off of the new Sinai Temple Cookbook

Sunday, November 6<sup>th</sup>

9:00 a.m. - 11:00 a.m.

Sinai Temple

Featuring a demonstration by

**Joseph Rescia**

**Owner/Chef**

**A Touch of Garlic**

followed by

**Sinai Temple's very own chefs offering samples of dishes  
from the cookbook**

The cookbook is dedicated to Lenore Cohn, a member of Sinai  
who loved cooking and baking.

Cookbooks will be sold at this event. \$5.00 will reserve your spot at the brunch and can be used towards the purchase of a  
cookbook.

Please send a \$5.00 check (made payable to Sinai Temple)  
to the Temple office by October 28<sup>th</sup>.

*This event is made possible by a generous donation  
from the family of Lenore Cohn.*

### **Judaica Shop Corner**

We are getting ready for the Chanukah season. Do stop by to see all the beautiful new decorations and giftware on display. Our selection of menorahs, candles, draydels, and toys is larger than ever this year.

Come and see the Tallis collection. From traditional to contemporary, there's something for every taste.

The Judaic jewelry is sparkling with creations by newly discovered craftspeople. There are pieces studded with pearls and semiprecious stones.

### **Rummage Sale**

**November 20 – November 22**

Look in your closets. Look under the bed. Then bring your rummage to the back door of the Temple. We're collecting clothes (and most other stuff as well). Your rummage is welcome. If you can VOLUNTEER a day or even 10 minutes, please let the office know.

### **Sounds of Sinai**

If you're a senior member of Sinai, please tell us a story! Sounds of Sinai is our very successful literary voice for seniors of the congregation. Your story or your thoughts or your poetry are welcome. Please send all submissions to the Temple office.

## The Ethics of War:

A Perspective from Israel and Jewish Tradition  
**Rabbi David Forman**

Founder of Israeli Rabbis for Human Rights

Tuesday, November 1  
 7:30 p.m at Sinai Temple



How does an Israeli soldier know what is right?  
 How do Israelis balance morality with their security concerns?

Please join us for an exploration of Jewish texts and values regarding how Jews make war and conduct themselves in wartime. Are there guidelines for morality in war? Is there a Jewish right and wrong in times of crisis? This event will be open to the entire community. The community's rabbis will also participate.

Rabbi Forman's appearance is made possible by a gift from Zel Lavin as the congregation honors the memory of Zel's husband, Dr. Richard Lavin.

## The Forward – A weekly newspaper of Jewish news, opinion, and the arts

Rabbi Shapiro has made special arrangements for members of Sinai to receive The Forward, an award-winning weekly newspaper, at very low rates.

26 weeks for \$12.95  
 52 weeks for \$24.95

For politics, current events, and analysis, there's no better way to learn what's happening around the globe every single week.

Send the office your check for either \$12.95 or \$24.95 payable to Sinai Temple. Include your name and address. The Temple office will send in all subscription requests by November 15. (Free samples of The Forward are available in the Sinai Temple office.)

## Sinai Temple Invites You to Join a Trip to Israel July 16 - 28, 2006

Tour Includes:

Roundtrip airfare from New York to Tel Aviv  
 2 nights at the Dan Panorama Hotel in Tel Aviv  
 2 nights at the Kibbutz Nof Ginnosar Guest House in the Galilee  
 6 nights at the Inbal Hotel in Jerusalem  
 Breakfast daily & five dinners  
 Transfers, entrance fees, and portorage  
 Roundtrip bus transportation from Springfield to airport

Adult participants on the trip are eligible for a \$1,000 travel grant from the Harold Grinspoon Foundation. (This will reduce the adult cost of the trip from \$3,249 to \$2,249.) Teenagers (starting at age 13) can receive a grant of 50% of the cost of our trip.

A daily itinerary with details on registration is available on the Sinai web site at [www.sinai-temple.org/Israel\\_Trip.htm](http://www.sinai-temple.org/Israel_Trip.htm).

## Torah Study: Every Week For Beginners For Everyone Saturdays at 9 a.m.

We are studying the Torah Portion of the week, proceeding through the Torah in order. Everyone at any level of knowledge is welcome. The group meets in the Oneg Shabbat Room from 9 to 10 a.m. Bagels and coffee are part of the deal!

## 76--88 There is a NEW Sinai "Code" for Friday Evening Service Times

We've made a CHANGE.

On the first Friday of every month, come pray at 7:00 p.m. (instead of 7:30 p.m.) On the second Friday of the month, services start at 6 p.m. On the following two Friday evenings, please join us at 8 p.m. Remember - 76-88!

## Monthly Morning Service Wednesday, November 2 at 7:30 a.m.

A chance to start your day with a different focus. We meet on the bimah for a service of 20 minutes. Breakfast follows. The feeling of togetherness is wonderful. The spirit is unique. Those who need to leave for the rest of the day are free no later than 8:15 a.m. Future "morning minyan" services will take place on Wednesdays, December 7, January 4, February 1, March 1, April 5, May 3, and June 7.

## First Thursdays (mostly): Lunch and Learn Thursday, November 3 12:00 – 1:15 p.m.

Bring your lunch to the Oneg Shabbat room for a discussion of contemporary Jewish concern with Rabbi Shapiro. Future discussions are December 1, April 6, May 4, and June 1.

## Sinai Has a Website

Sinai member, Howard Kalodner, has created a user friendly website for all of us. When you visit the website, you can learn about the World Zionist Congress elections and our Israeli trip. Rabbi Shapiro has placed his High Holidays sermons on the website. There are also pictures of various Temple people and events on the site. The monthly Temple bulletin is also there – even before it arrives via the US Mail. Take a peak at [www.sinai-temple.org](http://www.sinai-temple.org). If you have suggestions or comments, please let the Temple office know.

The National Yiddish Book Center in Amherst, MA, a Jewish cultural organization, seeks volunteer docent-educators.

Open to the public six days weekly, the Book Center is a destination for visitors from around the world. We need volunteers to greet visitors, lead tours, and make brief presentations.

Volunteers should be

- Comfortable with groups and public speaking
- Able to make a year-long commitment
- Interested in learning more about Yiddish culture

We will provide lively, enjoyable training sessions. No prior knowledge of Yiddish is necessary.

If you're interested, please contact  
Jane Gronau, Director, Visitors Center  
(413) 256-4900 ext. 107

## November is Jewish Book Month

Get your hands on the latest in Jewish fiction, explore a new cookbook, and make new discoveries in this region's annual festival dedicated to Jewish books.

A special treat on November 16: Meet Tom Reiss, Wednesday, November 16, 7:30 p.m. at the Springfield Jewish Community Center. Raised in Longmeadow, Tom Reiss is the celebrated author of *The Orientalist*, a biography of Lev Nussimbaum who lived in Nazi Germany writing under the pen names of Essad Bey and Kurban Said. Nussimbaum concealed his Jewish origins, surviving both the Russian revolution and the Holocaust. Reiss is an American author who lives in New York City. He has written for *The New Yorker*, *The Wall Street Journal*, and *The New York Times*.

The Book Store at the Springfield JCC opens November 13 - 20, and will feature Scholastic Book titles. This event is co-sponsored with the National Yiddish Book Center, the Hatikvah Holocaust Education & Resource Center, and the Anna P. Housen Israel Desk of the Jewish Federation.

UPDATE \* UPDATE \* UPDATE \* UPDATE \* UPDATE

### LUCKY TICKET EXTRAVAGANZA

Here's a brief list of some of the wonderful items already donated that you can win on January 21, 2006.

\$500 worth of Gift Certificates to Bob's Discount Furniture

Sirius Satellite Radio with 3 Free Months of Service

Overnight Stay at the Marriott in Springfield that includes  
Breakfast for Two

3 Free Months of Comcast's Digital Gold Package

\$ 50 Gift Certificate to Max's Tavern

2 Free Passes to the Naismith Basketball Hall of Fame

Autographed copy of Anita Diamant's new book:  
"The Last Days of Dogtown"

Original Signed Blown Glasswork by Artist  
Josh Simpson

Mark your calendar and watch for more  
information on ticket sales.

UPDATE \* UPDATE \* UPDATE \* UPDATE \* UPDATE

SINAI TEMPLE  
PRESENTS

SHOWCASE

SHABBAT

# A New Way To Experience Friday Evening...

Like a multi-screen theater, Sinai Temple presents a variety of settings to enrich our communal celebration of Shabbat. Options for adults, teenagers, and kids.

5:30 Wine, cheese, and veggies

6:00 YOU CHOOSE ---

↳ A Service in the sanctuary

↳ Learning with Rabbi Shapiro on the December Dilemma

"When Chanukah and Christmas Arrive on the Same Day this Year!"

↳ Yoga with Lynne Green, Heartsong Yoga Center

↳ An Open Conversation in the Magen David Room on "Why I Don't Go to Services"

7:00 All of us together for Candle Lighting, Kiddush, and Motzi

Followed by Shabbat Dinner with seating for adults, children, and our youth groups!

7:45 YOU CHOOSE ---

↳ For kids - Arts & Crafts and a Tzedakah Project

↳ For our youth groups - Activities of all sorts

↳ For adults -THE FIRST EVER LATKE-HAMANTASCHEN DEBATE

Which is the greatest Jewish invention? Which is the greatest Jewish delicacy?

Sinai members will do the debating... with samples available

8:30 Back together for ice cream sundaes, home-made desserts, and coffee

Dinner Reservations:

Name(s) \_\_\_\_\_

Phone # ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_

# Adults \_\_\_\_\_ (\$10 each)    # Children \_\_\_\_\_ (Under 18 FREE)

Total enclosed \$ \_\_\_\_\_

Please send check to Sinai Temple, 1100 Dickinson St., Springfield, MA, 01108

*Thanks to the family of ARTHUR AND ARLINE ROGERS for underwriting this new program  
in their loving memory.*

## Just a Few Words from Karen Mernoff

Alef-Bet, Gimel-Dalet, Hey-Vav..... If you are not a Sinai member, it sounds like I am just reciting the Hebrew alphabet but to members of Sinai who have children in Grades One through Six, you know that I am speaking about our social programs for Sinai youngsters.

All of our programs have gotten off to a wonderful start thanks to the support of the students who participated with enthusiasm and parents who responded to the flyers and called to let me know their child was attending. The exciting Hey Vav trip to the ropes course at Springfield College was made possible by the Wainick Fund for Youth. The Hey Vav programming will be able to continue throughout the year due to a gift from Irving and William Horowitz in memory of Marcelle Horowitz.

Bagels and Blocks, our program for preschoolers and their parents, is another popular program this year. Bobi Steingart is doing a fabulous job leading families as they explore Jewish holidays. Hopefully, you all saw the beautiful shofars hanging in the hallways. They were created by the participants in Bagels and Blocks Please remember that this program is for Sinai members and non-members so feel free to bring a friend to the next session. Just remember to call me first so that we can have enough supplies on hand for everyone!

Speaking of our littlest ones, don't forget to attend Tot Shabbat on November 18<sup>th</sup>. This program is designed specifically for those who are just not ready to sit through a full Family Service, The Tot Shabbat service is a brief one, just right for your little ones. It begins at 6:00 pm and is followed by juice and challah.

Part of my job at Sinai this year is to see that we can provide dynamic programming for members of all ages. If you have an idea for a program or have questions about any of our current offerings, please feel to contact me at 736-3619 ext.13

## Social Action Committee Meeting Thursday, November 10 7:30 p.m. at the Temple

The Social Action Committee will be meeting this month. Every meeting is an open meeting. Our agenda varies and always involves responding to the latest and most important events in the world around us. This month we will be considering ways in which we can "green" the Temple and make ourselves more involved in environmental matters.

Please join us.

## A Weekend Just for Jewish Singles

Ages 25-40, November 10-13, Thursday night through Sunday afternoon, at the Isabella Freedman Center in the beautiful Connecticut Berkshires. Leave your computers at home and get ready for meeting in a comfortable, no-pressure atmosphere where it's easy to connect with great people, who also happen to be single.

Sponsored by Basherte, Basherte events are known to be the best place to meet. Relationship Workshops that are fun while teaching you new skills that make relationships simple, Hiking & Canoeing, Dance & Music, Yoga, a Joyous Shabbat Celebration, Bonfire, Gourmet Kosher Meals, and much more! Guaranteed - participants will have fun and be renewed.

With easy access from Boston to NYC, you will want to register early. Just \$275 - All inclusive for 3 nights! The weekend is funded through a generous grant from The Harold Grinspoon Foundation of Western Massachusetts.

Accommodations vary and are assigned on a first come basis. A limited number of Private Rooms are available for an additional fee. Basherte is a non-profit that has received rave reviews in more than 140 events across the U.S., Canada, and Israel from more than 8,000 Jewish singles. Register Now!

[www.basherte.org](http://www.basherte.org) or (413) 253-5071 or (800) 398-2630

## New Year's Eve/Chanukah Weekend for 30's, 40's, and 50's December 30-January 1

If you're Jewish, single, and in your 30's, 40's, or 50's, options abound for you for the Basherte New Year's Eve/Chanukah Weekend!! You will celebrate with great people in a welcoming atmosphere that invites connection. Entertainment and Dancing, Indoor Pool, Ice Skating, European SPA (jacuzzi, yoga, massage, & more) await you at the Hudson Valley Resort and SPA.

This weekend promises you a no pressure, playful atmosphere like you've never experienced. If you've left single's events feeling alone and want authentic meeting of heart and soul, this weekend is for you. Celebrate the lights of Chanukah and Shabbat and New Year's Eve with dancing & entertainment. Basherte weekends have received rave reviews from more than 8,000 singles and 140 events across the U. S., Canada and Israel. This weekend is supported by grant from the Harold Grinspoon Foundation of Western Massachusetts.

Register Now: 413/253-5071 or 800/398-2630 or [www.basherte.org](http://www.basherte.org)

## Tot Shabbat Friday, November 18 At 6 p.m.

Is your child too young for a Family Service? Can your child just about manage 20 minutes? If so, we've got the service for you. On Friday, November 18, bring your pre-schooler to the Sanctuary. We'll pray together for around 20 minutes and conclude the evening with snacks for everyone.

### A New Religious School Fundraiser is Blooming November 20th – December 11th



The Religious School will be selling paperwhites this year.

Paperwhites are the most popular indoor flowering bulbs.

These bulbs are imported from Israel.

Each bulb produces 2-3 stems with large clusters of sweetly scented white flowers.

*Brochures will be sent home with the students on Sunday, November 20th*

*and the sale will end on December 11th.*

*Orders will be available for pick up on Thursday, December 15th between 3:00-6:00. For your convenience, we have enclosed the order form in this Bulletin for any presale orders. These bulbs will make a great holiday gift.*



## Attention: 8th and 9th Graders It is not too late to join!

Over 45 students are already part of Kehillah. We know that there are some of you who just needed time to adjust to the beginning of a new school year. As things calm down and you settle into a routine, please consider joining us for KEHILLAH, a program that brings together 8<sup>th</sup> and 9<sup>th</sup> graders from all the synagogues in our community. All Grade 8 and 9 students meet together on Tuesday evenings from 6:30p.m. – 8:30p.m. Each student takes a Core Course, specific for each grade and also chooses an elective. For more information, please call the Religious School Office at 736-3619 ext.15.

## A Message From Sheila Shear, Director of Education

So the holidays are over, the leaves are falling off the trees and we find ourselves well into the school year. The students in sixth grade have gone on an archeological dig while learning about Masada, the first graders have made their official entrance into their religious education, having been consecrated at a special ceremony during Simchat Torah, our wonderful third graders are just soaking in the new Hebrew words they are learning, and on and on and on. So much learning is going on thanks to the dedication and knowledge of the wonderful teaching staff.

The parent meetings back in September were a great success. Parents had an opportunity to discuss the sensitive, and often difficult, questions children ask about death and about God, and I had a very beneficial meeting with parents with children who encounter learning problems. This discussion will help us better meet the needs of all the children at Sinai Temple. If you have not yet been able to participate in some of these special opportunities, keep watching your calendar. There will be PACT (Parents And Children Together) programs, special Shabbat programs and a host of other events in which you are invited to participate.

Coming attractions this month are the Religious School Bake Sale, Tot Shabbat and family a Havdalah program coming up later this month. I look forward to seeing you all at of these events. If you would like more information please call the Religious School office.

## The Susan Broh Tikkun Olam Scholarship: An opportunity for young people to build a better world

The family and friends of the late Susan Broh are so very pleased to report on the success of this past summer's award in memory of Susan.

Sinai Temple was able to offer TWO students, Sarah Bernstein and Adam Levy, generous stipends that enabled each of them to pursue a summer of volunteer work in an area that made the world a better place.

Donations to the Susan Broh Tikkun Olam Scholarship are welcome so that we can plan for 2006. Your donations are used to allow us to "pay" a young person for summer volunteer work. Young people apply for the stipend during the winter. Awards are made in Spring for the coming summer. Thank you for supporting the Broh Scholarship.

***If you think***

***ONE VOTE***

***Can't make a difference,***

***Think again.***



**ARZA • ארצה**  
**ASSOCIATION OF REFORM  
ZIONISTS OF AMERICA**

An Affiliate of the Union for Reform Judaism

### **What is ARZA?**

ARZA, the Association of Reform Zionist of America, is the Zionist arm and voice of the Reform Movement in North America. ARZA is the vehicle for our participation as Reform Jews in many aspects of Israel. In particular, ARZA supports the efforts of the Israeli Reform movement to provide Israeli Jews with a brand of Judaism that stresses pluralism, tolerance, egalitarianism, and justice.

### **How does ARZA help Reform Judaism in Israel?**

Through our membership dollars we provide support to the growing number of Reform synagogues and schools in Israel. Israeli Reform Jews face an uphill battle against the entrenched political power of Orthodoxy. ARZA helps our brothers and sisters fight that battle for religious freedom and modernity.

### **What is the World Zionist Organization?**

The World Zionist Organization (WZO) was founded by Theodor Herzl at the First Zionist Congress in Basle in 1897. Today it forms the backbone for The Jewish Agency for Israel and the Jewish National Fund. The WZO policies and BUDGET are set, in part, at meetings like the upcoming World Zionist Congress.

### **What is the World Zionist Congress?**

The Zionist Congress is the legislative body of the World Zionist Organization. It meets every four years in Jerusalem. The Congress decisions influence the spending of hundreds of millions of dollars in Israel. If Reform Jews have a strong voice at the Congress, more funds will be directed to Reform Judaism in Israel. This is exactly what happened when we became involved in the WZC in 1997 and 2002.

### **What is the ARZA Voter Registration Campaign?**

The ARZA Voter Registration Campaign is a campaign to encourage American Reform Jews to register to vote in the upcoming World Zionist Congress Elections. Once you are registered, you will receive information about how to actually vote for the ARZA SLATE at the World Zionist Congress.

### **Why is this important?**

The American delegation to the Congress is the largest delegation outside of Israel, with 145 delegates. The decisions of the Congress influence hundreds of millions of dollars in funding, of which the Israeli Movement for Progressive Judaism currently receives \$2 million a year. More Reform involvement at the WZC means more support for progressive Judaism in Israel.

# Register & Vote in the World Zionist Congress Election: By Mail, On Line or by E-Mail TODAY

(a link to register online is on the home page of [www.sinai-temple.org](http://www.sinai-temple.org))



## VOTER REGISTRATION FORM 2006 WZO Congress of the Jewish People

**How to Register** (Note: You may also register online at [www.azm.org](http://www.azm.org))

1. Please complete the form and sign your name where indicated. All Required Personal Information must be completed in full. Please print in clear block letters.
2. Payment must be made by credit card or personal check payable to: American Zionist Movement. Business checks and credit cards, cash or money orders can't be accepted.
3. A voting ballot will be sent with instructions. No ballots sent without completed forms or fees.
4. Register only once; duplicates are discarded. No refunds should elections be cancelled.
5. Replacement voting ballots cost an additional \$10. If you move or change your e-mail address, please contact us at [azmhelp@electionservicescorp.com](mailto:azmhelp@electionservicescorp.com)
6. Learn more at [www.azm.org](http://www.azm.org). Problems, contact us at 1-888-657-8850 or e-mail us at [azmhelp@electionservicescorp.com](mailto:azmhelp@electionservicescorp.com)
7. Please use the envelope provided, or mail to American Zionist Movement, PO Box 216, Bohemia NY 11716.

### Required Personal Information (Please print in block letters)

**First Name:** \_\_\_\_\_ **Last Name:** \_\_\_\_\_

**Mailing Address:** \_\_\_\_\_ **Apt:** \_\_\_\_\_ **City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

If mailing address is a PO Box, please provide residential address: \_\_\_\_\_ **City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

### Required Signature

X

**Application must be signed to be valid.**

I declare that I accept the Jerusalem Program (see below); I am Jewish; I will be at least 18 years of age by June 30, 2006; my permanent residence is in the United States.

### Required Six Digits of Your SSN

Last six digits of your SSN \_\_\_\_\_ | \_\_\_\_\_ | \_\_\_\_\_ | \_\_\_\_\_ | \_\_\_\_\_ | \_\_\_\_\_

E-mail Address or Phone Number (To contact you for confirmation or questions)

I want to vote online. Please DO NOT mail an election packet to me. Please send instructions to my e-mail address above.

### Registration Fee

\$7.00; or \$5.00 for full-time students. Payment must be personal, by check or credit card. (Make checks payable to: American Zionist Movement. Or use your **personal** credit card):

Name of college or university (required if you are a student)

VISA

MasterCard

Your billing address must match your mailing address.

X

Signature (required if using credit card)

Account #

Exp Date

### Jerusalem Program

Zionism, the national liberation movement of the Jewish people, brought about the establishment of the State of Israel, and views a Jewish, Zionist, democratic and secure State of Israel to be the expression of the common responsibility of the Jewish people for its continuity and future.

**The foundations of Zionism are:**

1. The unity of the Jewish people, its bond to its historic homeland Eretz Yisrael, and the centrality of the State of Israel and Jerusalem, its capital, in the life of the nation.
2. Aliyah to Israel from all countries and the effective integration of all immigrants into Israeli Society.
3. Strengthening Israel as a Jewish, Zionist and democratic state and shaping it as an

exemplary society with a unique moral and spiritual character, marked by mutual respect for the multi-faceted Jewish people, rooted in the vision of the prophets, striving for peace and contributing to the betterment of the world.

4. Ensuring the future and the distinctiveness of the Jewish people by furthering Jewish, Hebrew and Zionist education, fostering spiritual and cultural values and teaching Hebrew as the national language.
5. Nurturing mutual Jewish responsibility, defending the rights of Jews as individuals and as a nation, representing the national Zionist interests of the Jewish people, and struggling against all manifestations of anti-Semitism.
6. Settling the country as an expression of practical Zionism.



On October 2nd, 5th and 6th graders in Club Hey-Vav learned to work together at Springfield College's low ropes course.

## The Sustaining Membership Program 2005-2006

At Sinai Temple, we have always welcomed everyone regardless of financial situation. No one should be turned away from our synagogue because he or she lacks the means to pay full dues. To be as fair as possible, we have taken great care in granting dues abatements, recognizing that a reduction for one must be subsidized by an increase to others. In order to assure that membership remains available to all, and to continue meeting the operating expenses of the Temple, we reinvigorated our Sustaining Membership program last year. We are stressing the program this year too.

We are turning to congregants who are able to pay more than their standard dues. We are asking them to assume their fair share of sustaining Sinai by voluntarily increasing their financial commitment to the congregation. Congregants who cannot pay more than regular dues or who receive necessary abatements will continue to do so. Those who can offer more will be asked to do so. If you can join the Sustaining Membership Program, we hope you will step forward.

## Jewish Summer Camping Can Make All the Difference in Preparing a Jewish Child for the Future

Our Reform movement runs two remarkable summer camps in the Berkshires. One is called Eisner; the other is called Crane Lake. Last year several Sinai students attended each of the camps. Your child would love either camp. Scholarships are available for sessions in July or August. Please speak to Rabbi Shapiro as soon as possible.

## The Mitzvah Habit:

Help us feed the hungry

You can't miss it! Every time you enter the Temple, you see the box for THE OPEN PANTRY on the floor outside the Temple office. Sometimes the box is full; sometimes it's fairly empty. But every week the Open Pantry truck comes by to scoop up whatever the box contains and take it back to the Open Pantry.

You can help keep the box full. Whenever you go shopping, buy an extra non-perishable food item. Then whenever you come to the Temple, bring along your food item and drop it in the box. If you're coming to a

## Scholarships for Free

If your son or daughter is planning to attend any kind of Jewish program this summer, please take advantage of the Temple scholarship program. Thanks to the Joseph Emanuel, Rabbi Herman Eliot and Adele Biederman Snyder Memorial Fund, scholarships are available in small and larger amounts. We are also thankful to the family of Edna Simon and Judy and Michael Cohen who support summer scholarships as well.



**The new Sinai Temple Cookbook will be available for sale starting on November 6th**

**The cookbook is dedicated to Lenore Cohn, a member of Sinai who loved cooking and baking.**

**The price of the cookbook is \$12.00**

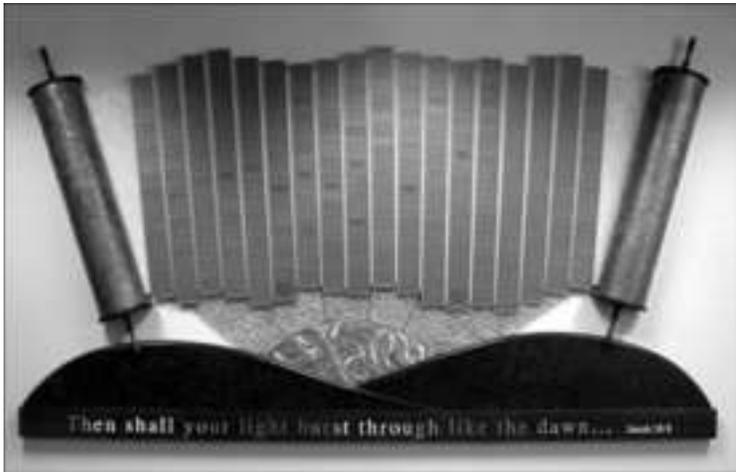
**Stop into the temple office or gift shop to purchase a copy. It makes a perfect gift!**

**All proceeds from the sale of the cookbooks will be used to support Sinai Temple**



This is a picture of one of the Sunday School classes that met in the 1950's. Each Sunday morning, the children would congregate in the sanctuary and listen to Rabbi Snyder who would regale them with a story that inevitably contained some moral and then would discuss a portion of the Torah. In addition, the students would listen to and recite prayers and subsequently memorize them. After that, everybody would go back to his classrooms and continue with his Jewish learning. Notice how everyone in the picture is dressed. Definitely, the clothing was much more formal. No one would think of wearing jeans and the girls certainly would not wear slacks. Most of the kids continued with their religious education and were confirmed. Many developed lifelong friendships with the students they met in class and continued to use their religious training as they ventured through life.

## Scroll of Life



The Scroll of Life is a work of art in the Oneg Shabbat Room. It was created by Presentations Gallery of New York. The Isaiah quote at the bottom of the Scroll was taken from the Yom Kippur Haftarah as an expression of hope.

The Scroll has space on it so that Sinai members can commemorate either joyous events or memorialize loved ones. Each contribution of a plaque on the Scroll will be used to enrich the life and strength of Sinai.

## “Dressing Up” for Temple

*The Board of Trustees passed the following resolution at its meeting on December 16, 2004. The resolution originated with the Ritual Committee as a result of some concern about the way in which some congregants have been dressed during Shabbat Services*

Although a Jew can pray anywhere or any time on his or her own, there is something special about praying in a community setting. Although services at Sinai Temple are not overly formal, there is something holy about what we do in the sanctuary. That is why the Ritual Committee and the Board of Trustees believe that dressing appropriately for services is important. In particular, we believe that anyone who participates in a service by coming up to the bimah should be aware of the following:

1. Chewing gum on the bimah is inappropriate.
2. Wearing skirts that are more than several inches above the knee is also inappropriate.
3. The current dress style among girls which involves exposing the midriff is also not appropriate for the bimah. Bare shoulders are also not appropriate.
4. Boys will want to remember that when they are on the bimah, their shirts should be tucked in.

In general, Sinai Temple recommends that children who participate in services or come up onto the bimah should dress the way they would dress for a public school concert. Modesty and respect are appropriate.

## Ten Minutes of Torah *A Union For Reform Judaism Initiative*

*Who among us is so busy that he cannot spend 10 minutes a day in the study of a Jewish text? Just 10 minutes? Such a commitment would enable us to meet our Jewish obligation to make Jewish study a fixed occurrence. If we make time to answer our cell phones a dozen times a day and to check our email five times an hour, surely we can find 10 minutes to contemplate sacred words that nourish the soul.*

*- Rabbi Eric Yoffie, November 13, 2003*

Our Reform movement, the Union for Reform Judaism (URJ) will send you a one-page email each day on a topic of Jewish interest. All you need to do is find 10 minutes a day to “do Torah.”

It only takes 10 minutes a day to get started on lifelong journey. Spend 10 minutes a day for a year – and before you know it you’ll have completed 100 hours of Torah study!

**WHO?** Reform Jews committed to having Judaism inform their daily lives. Any and all adult learners are encouraged to participate.

**WHAT?** 10 minutes a day of personal connection to a Jewish text, issue or topic. Each day has a separate theme:

**Monday Torah Study**  
**Tuesday Social Action**  
**Wednesday Israel Connections**  
**Thursday Jewish Ethics**  
**Friday Jewish World**

Select all five days or any combination.

**HOW?** Each weekday morning (Monday-Friday) an email will be delivered to your inbox for you to read at your convenience. To subscribe, go to the website [urj.org/torah/ten](http://urj.org/torah/ten). For questions, email [10minutes@urj.org](mailto:10minutes@urj.org).

## What's Dad got to do with it?

Have you ever wondered what Dad's role is while your preteen is preparing for the Bar/Batmitzvah? Sure, you drive your child to Hebrew School and Religious School. You dutifully take them to lessons with Rabbi Shapiro and Cantor Mekler; however, do you find yourself asking, "Is there more I can do? Do I do more than buy a new tie for the occasion? Should I help with the party plans? More importantly, where do I fit in the day of the big event, both physically and spiritually?" Many fathers at Sinai Temple have never experienced such a wonderful event. There are so many thoughts and emotions going on at one time that frustration and confusion can set in.

There is good news! On Thursday, November 10 at 7:00 there will be a get together for Dads of 6th and 7th graders who may be preparing for the B'nai Mitzvah experience very soon. We will share thoughts and insights as we anticipate our child's milestone. We will meet in the Library and refreshments will be served. (Thanks, Brotherhood.) If there are any dads that have already experienced this beautiful step in their child's life and would like to share their experience with others, I also encourage you to attend. If you have any questions please email Andy Chaet at [aechaet@yahoo.com](mailto:aechaet@yahoo.com).

Thank you so much.



**NURSES:**

**THE URJ CRANE LAKE & EISNER CAMPS**

**NEED YOUR HELP THIS SUMMER!**

**WE SEEK FULL SUMMER, ONE SESSION OR**

**PARTIAL SESSION NURSES**

**COMPETITIVE SALARY & ROOM/BOARD**

**FAMILIES WELCOME!**

**CONTACT: LOUIS BORDMAN OR HERB MAY:**

**201-804-9700**

## Summer Camp Applications Due Now!

Believe it or not, sections of our Reform movement's summer camp programs (Crane Lake, Eisner, and Kutz) fill to capacity by December. So if you'd like to ensure your child's place in one of these programs, please do not delay submitting application and deposit.

Reform Jewish summer camps are not only great, but they help solidify our kids' positive sense of Jewish identity. In this world of competing values and claims on our time and energy, this is a tremendous gift for you to offer your child or grandchild.

Call the Eisner/Crane Lake office (212-650-4130 or online at <http://www.urjncamps.org/>) or Kutz Camp (845-987-6300 or online at <http://www.kutzcamp.org/>) to find out more about this wonderfully enjoyable summer opportunity for your child or grandchild. Rabbi Shapiro has information. Financial assistance is available. Call Rabbi Shapiro.



The Caring Community has been very busy so far this year. We had our first meeting in September and have many new members. We cooked and delivered meals to those in need, made phone calls to those members who were ill and hosted a senior luncheon.

If you know of a Sinai Temple member who is ill and needs meals or other assistance, please contact Pamela Kalman at 565-2278.

## **Gold Medalist at 17th World Maccabiah Games**

Sinai Temple member Melanie Pascal won 5 gold and 3 silver medals at the 17th World Maccabiah games in Israel July 10-July 19th. Melanie, an outstanding butterfly and individual medley swimmer, was the first swimmer from western Massachusetts selected to compete in these games.

## **Your E-mail Might be Helpful**

Our Temple office would like to have your e-mail if you belong to Sinai Temple.

Why would we want your e-mail? We would like to be able to communicate with the congregation more effectively. We can even send the Temple Bulletin to e-mail recipients.

Please e-mail your e-mail to Arlene O'Connell, the Rabbi's secretary, at [aoconnell@sinai-temple.org](mailto:aoconnell@sinai-temple.org).