

Sinai Temple

BULLETIN



Celebrating Israel @ 60

For Your Consideration

Rabbi Mark Dov Shapiro

Back on Yom Kippur morning I raised a question with the congregation that struck a responsive chord. I asked you to think creatively about the larger significance of what we do and don't eat. My sermon began with a discussion about kashrut in traditional terms and then went on to consider how we might think about kashrut as an ethical term. In the end, I suggested that drinking fair trade coffee might be "kosher" if we understood the word "kosher" as a term for what is proper or responsible.

Here is what has happened since that sermon.

Our Torah Study group, the Ritual Committee, and the Temple's Board of Trustees have all spent time studying kashrut and how it might apply to Sinai Temple. We've been drinking fair trade coffee, of course. But, besides that, we've tried to create some broader guidelines for kashrut in our Temple building.

The result of all this thinking is the document enclosed with this Bulletin. It is called Guidelines for Kashrut at Sinai Temple: Considerations for Eating and Living in the 21st Century.

As the summer approaches, I invite you to read the document. The preamble explains how the document came to be written. You'll find the "guidelines" in italics. At the end you'll see footnotes that ground the ideas in text.

Two points to keep in mind: First, read carefully and you'll realize these guidelines are not designed to tell you or me how we should eat or conduct our private lives. The guidelines apply to what our community does inside the Temple building. Secondly, please note that these guidelines are not going to be "policed." The operative word is "guidelines." This word was purposely chosen to indicate that no one is legislating for you or me. We are, instead, drawing on Jewish tradition to enrich our congregation's conversation about one important way in which we live on this fragile planet. We want to have a conversation about the food we consume because we are Jews and because we care about the way in which we live.

Of course, now the fun begins! We want you to enter the conversation. Let us (let me) know how you feel. Sometime in the first week of June we will have the Guidelines on our website. (www.sinai-temple.org) We will also have a few responses from congregants on the website. Your ideas are also welcome. Write or call.

As Reform Jews, we are always on the move. These Guidelines represent one new way in which we are trying to grow as Jews and human beings.

Saturday Torah Study

JUNE, JULY, AUGUST
EVERY SATURDAY
THIS SUMMER AT 9 :00 A.M.

Saturday Mornings

MAZAL TOV TO BNAI MITZVAH
Services at 10:30 a.m.

June 7 – Madison Zeller
Daughter of Robert Zeller

June 14 – Jacob Royal
Son of Carol Royal and Roger
Doerpholz

June 21 – Eli Gordon
Son of Mary and Bruce Gordon

Picnic and Pray

Friday, July 4 and July 11

6:00

Candles and Kiddush

Outdoor picnic

6:45

Outdoor Shabbat service

7:30

Dessert

Sustaining Membership Program

As the new fiscal year begins, there is still time for you to join the Sustaining Membership Program. See page 2.

FRIDAY EVENING SERVICES - NOTE THE CHANGE IN TIMES

FAMILY SERVICE at 7:00 p.m.

June 6

Music, a story, and Hall of Fame presentations this evening.

CONFIRMATION at 8:00 p.m.

June 13

Please honor our finest High School students. Terrific Tenth Graders lead this service.

INSTALLATION at 8:00 p.m.

June 20

We will honor our incoming Temple leadership.

SHABBAT SHALOM at 8:00 p.m.

June 27

A warm service for the warmth of a summer evening.

Congratulations To Our Incoming Temple Leadership

Officers

President	Dave Roberts	860-763-3902
1st Vice President	Rina Miller	413-567-0398
Vice President	Roberta Gang	413-567-6126
Vice President	Mark Stone	413-567-0392
Treasurer	Joel Bertuzzi	413-567-3524
Financial Secretary	Laurie Weinberg	413-599-1978
Recording Secretary	Jackie Neiman	413-567-7978

Board of Directors

2008-2009

Andy Chaet	413-747-7107
George Dickstein	413-567-8758
David Frank	413-567-6649
Laura Klein	413-567-9618
Rickie Leiter	413-567-5574
Elaine Nathan	413-788-6793
Richard Black	413-567-6665

2008-2010

Mel Chafetz	860-668-0494
Marlene Gordon	413-567-6298
Steve Katz	413-525-2998
Belle Rita Novak	413-737-1724
Joel Solomon	413-567-0073
Michael Freedman	413-567-6930
Sherry Souliere	413-567-7446

2008-2011

Sharyn Breslau	413-567-3356
Nick Ciciretti	413-567-0196
Tina DeMeza	413-567-1330
Bruce Leshine	413-567-5834
Susan Goldman	413-567-7474
Gary Gootzit	413-562-1123
Gloria Wald	413-525-3507

Mission Statement

Sinai Temple is a welcoming and inclusive Reform Congregation where our members pursue a continuing journey of Jewish growth. We are guided by the history and traditions of the Jewish people as we encounter the challenges of the modern world. We encourage participation in prayer, life-long Jewish learning, and social justice within a joyful, creative, and compassionate community.

The Sustaining Membership Program Returns 2008-2009

The past four years' Sustaining Membership Program has been a success. We are truly grateful to the many households who stepped forward to renew their involvement or to become sustaining members for the first time.

As we enter a new fiscal year, we are thankful for every one of our sustaining members who chooses to continue with the program. By the time you read these words, we hope to have concluded an outreach campaign to involve more congregants in the program. Letters and phone calls have been made to invite congregants paying full dues at their category to join the Sustaining Membership Program. There are several levels of participation. Each involves committing a certain amount of money over the full dues category that suits you.

Leader.....	\$5,000
Pillar.....	\$2,500
Benefactor	\$1,000
Sponsor.....	\$ 500
Sustaining Member	\$ 250

If you want more information, please call SMP Chair, Jeffrey Cossin (567-7320) or Karen Sprengle, Office Manager, at 736-3619.

Welcome to Sinai!

We're so glad you decided to join Sinai Temple in the past month.

Michele Thurston and her two daughters, Ashley and Madison.

The Sinai Temple Bulletin is published monthly, September to June by Sinai Temple, Springfield, Massachusetts. This is Issue Number 10 for the year 2007-2008.

Mark Dov Shapiro	Rabbi
Sheila Shear	Director of Education
Stacey Osowski	Community Coordinator
Andy Chaet.....	SPFTY Advisor

Officers

David Roberts.....	President
Rina Miller.....	Vice President
Jeff Cossin	Vice President
Roberta Gang	Vice President
Joel Bertuzzi	Treasurer
Bobi Steingart.....	Financial Secretary
Ann Jacobs	Recording Secretary
Mike Bader	Membership Chair
Ron Weiss	Cemetery Chair
Scott Sherman	Brotherhood

Visit our website: www.sinai-temple.org



**Stephen Berk To Return to Sinai Temple
Sunday, June 8
Starting at 7 p.m.**

After a wonderful Scholar in Residence weekend last Fall, Professor Stephen Berk will be returning to Sinai Temple. Berk will be featured as part of our Annual Meeting evening. After a brief business session at 7 p.m., we will move to the sanctuary for a creative service marking the beginning of Shavuot. Professor Berk will speak after that. He will base his remarks on the knowledge he has gained from leading over 30 adult groups on tours of Eastern Europe. His topic will be: *Warsaw, Vilna, and Prague: Touring the Old World to Understand Ourselves Today.*

**Shavuot Morning
Yizkor and Lunch
Monday, June 9 at 10:30 a.m.**

After studying with Stephen Berk on Sunday, June 8, we will continue the observance of Shavuot with a morning service on June 9. The service will allow us to explore how our ancestors received the “constitution” of the Jewish people. We will pray together in the Oneg Shabbat room unrolling the scroll of Torah in our midst. Yizkor will be part of the service. Lunch will follow.

**Is Israel Finished:
Three Conversations about the
“Unthinkable”
Saturday mornings
June 7, 14, 21
At 9 a.m.**

Torah Study will refocus for the first part of June. We will think the “unthinkable” about Israel by going all the way back to Israel’s birth and Israel’s Declaration of Independence. We will study the text with commentaries by modern Israelis exploring if and how Israel can live up to its original ideals. Controversial. Challenging.

**Adult Bar/Bat Mitzvah
Our New Class Began Last Month
BUT
Open Orientation Sessions Continue
Saturdays, June 7 and 14 at 8 a.m.**

You do not need to know Hebrew to begin this adventure. If you are at all interested in helping form an Adult Bar/Bat Mitzvah class, please join Rabbi Shapiro for bagels and a one hour conversation for the first two Saturdays of June.

**Torah Study:
A Perfect Way to Start the Weekend
June, July, and August
Saturdays at 9 a.m.**

Opportunities to learn continue through the month of June. (See above.) When July & August arrive, the process will continue. We will be studying the Torah Portion of the week every week. Everyone at any level of knowledge is welcome in the Oneg Shabbat Room from 9 to 10 a.m.

**Summer Services
Every Friday in July and August**

Please join us throughout the summer for services that are brief, spirited, and full of joy. On July 4 & 11, services will take place outdoors after a picnic dinner starting at 6:00 p.m.

On all other July and August Friday evenings, services take place at 7:30 p.m.

Monthly Morning Service Wednesday, June 4 at 7:30 a.m.

A chance to start your day with a different focus. We meet on the bimah for a service of 20 minutes. Breakfast follows. Those who need to leave for the rest of the day are free no later than 8:15 a.m.

Sinai's Best Travelers are going to Israel June 28 – July 10, 2009

If you've got questions or just think this trip could be for YOU, call Rabbi Shapiro. Our 2007 trip was a great success. This coming year's trip promises to be even better!

Got Soup – Or a Stew? Cooks Needed!

Dear Friends - Every Fall Sinai Temple cooks dinner on several occasions for the soup kitchen called Loaves and Fishes. We have a standard casserole with a fixed recipe that is easy to make and freeze ahead of time. If you've got one hour to make one casserole next Fall, could you please let us know now? We can give you exact dates and the recipe when September arrives, but, meanwhile, it would be great to know that YOU can help. Thank you.

Bobi Steingart 567-6327
drblood50@comcast.net

Crochet!!!

This past winter a group of Sinai Temple members joined up with members of Alden Baptist Church over several evenings. The Alden Sinai Crocheters, Knitters and Quilters worked hard (and enjoyed each other's company) and managed to complete and donate a number of baby and children's blankets to Baystate Medical Center. A thank you letter from the Child Life Manager, Jacque Bell, at Baystate Health confirmed that everything which was donated "found new homes within minutes of their delivery bringing smiles to so many kids and parents."

Sinai Reaches out to the Community— Spring 2008

The Gurland Human Relations Award

The 2008 Human Relations Award Established in Honor of Rabbi Jerome S. Gurland has been awarded to the YMCA of Greater Springfield to support a city-wide Teen Conference.

The conference will be developed by teenagers attending the Y's three Youth and Teen Drop-In Centers located in Springfield and West Springfield. The centers serve as a safe haven for children aged 6 to 18 years of age. In the centers children are introduced to positive role models. They are encouraged to stay in school and are tutored by staff and volunteers and inspired to attend college.

The centers (and the conference) are important to teen who could otherwise be at-risk of academic failure, gang violence, substance abuse, and teen pregnancy.

The Gurland Award from Sinai Temple will allow the young people at the centers to create a city-wide forum for their concerns.

The Susan Broh Tikkun Olam Award

Three young people have won the Susan M. Broh award for the summer of 2008.

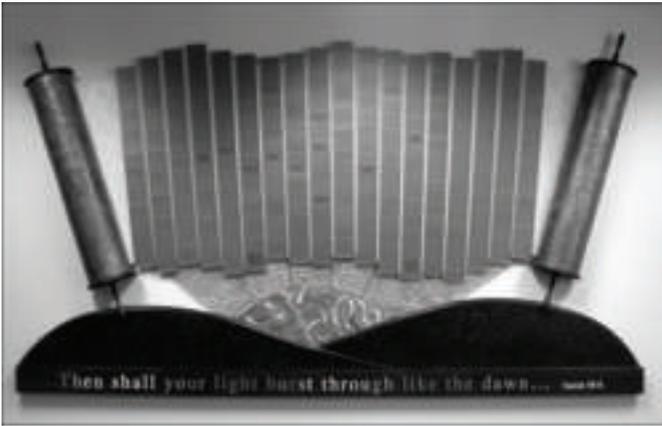
The first winner is Atlee Chait who is being confirmed this June and will enter 11th grade at Longmeadow High School next fall. Atlee will be volunteering for the first summer camp program devoted to special needs children at the JCC. As someone who loves working with children, Atlee anticipates a positive and rewarding experience at the Center.

Rebecca Ciciretti, a student at Cast Western Reserve University, will be spending seven weeks this summer as part of the American Jewish World Service Volunteer program. Rebecca will be in Nicaragua under the auspices of the AJWS working for a non-governmental organization that will supervise projects like building houses and schools and laying pipes for a water system. She will also continue with the AJWS as part of its Domestic Year-Long Program participating in retreats, public speaking engagements, and advocacy.

In addition, Sam Leavitt, who is also a member of this year's Confirmation class, is receiving support from the Broh fund. Sam will be volunteering his time this summer to assist Debbie Rubenstein, Director at Rachel's Table, in refining their IT / computer system which will improve and update their database and provide for better organization and more timely and efficient distribution of food.

The goals and projects of these three outstanding young people fulfill the spirit of Tikkun Olam as personified by the life and accomplishments of Susan Broh.

Scroll of Life



The Scroll of Life is a work of art in the Oneg Shabbat Room. It was created by Presentations Gallery of New York. The Isaiah quote at the bottom of the Scroll was taken from the Yom Kippur Haftarah as an expression of hope.

The Scroll has space on it so that Sinai members can commemorate either joyous events or memorialize loved ones. Each contribution of a plaque on the Scroll will be used to enrich the life and strength of Sinai. The cost of each plaque is \$200. The inscription may be 3-4 lines with a maximum of 27 spaces per line.

Would you like to participate in Friday evening services?

As part of our continuing focus on community outreach, we are inviting members of our Sinai congregation to participate in Friday evening Shabbat Services. There are many opportunities for involvement, including lighting the Shabbat candles, opening the Ark, undressing and dressing the Torah, coming up for the Aliyah, and reciting the Kiddush. Please express your interest for one of these honors directly to the Rabbi at markdov@sinai-temple.org.

Do you own a local store?

If you are a merchant in our local area, you may have noticed that Sinai's SCRIP program hasn't involved you. That's because the SCRIP program (which offers discounts on purchases from various stores) is organized by a national business. Sinai hasn't been able to include local stores owned by Sinai members. BUT we would like to change this. To help create a local scrip program, we would like to invite Sinai store owners to join the SCRIP program. This will be like the national program, where a percentage of sales go directly back to Sinai Temple. If you are interested, please call Joe Hershon (525-5752). Joe, who is himself a local merchant, would like to develop a local SCRIP program (or maybe a one-time event) involving Sinai merchants.

www.sinai-temple.org

Message from Dave Roberts President of Sinai Temple

In response to the need to timely notify our members, several months ago we began sending email messages to our congregants who have current email addresses on file at the Temple office when a member our Sinai Family or one of their close relatives passes away. I have received many positive comments from our membership regarding the timely dissemination of this information. It helps us be connected and supportive to the family in mourning.

Recently, we added especially significant Simchas that we are aware of to the email notification process. Again, our goal is to enhance the feeling of community among our members, allowing as many as possible to share in the joy of others.

We will try to strike a balance between keeping you informed and not overloading you with too much information.

If you do not currently receive these emails and would like to, simply contact the Temple office and give them your email address.

I wish everyone a safe and enjoyable summer.

Shalom,

Dave Roberts, President

Wiggle Room: For kids who need to wiggle during the Family Service.

On June 6, we will be offering parents the chance to accompany their little ones to the Wiggle Room during Family Services (every 1st Friday of the month at 7 p.m.). This space (in the Kindergarten classroom) will be available to bring your child should you find it necessary to take them out of the sanctuary for part of the service. Age appropriate toys will be available.

Contact Sinai members Jackie Neiman at mjam4@comcast.net or Joe Dow at jhdow@comcast.net if you have any questions.

SPFTY Message from Spfty Advisor Andy Chaet

OH! The Things We did!

As we look at our year in review,
Things we did, some old, some new.
Not all joined us for very event,
But each one was time well spent.
In September we picked veggies for Rachel's Table,
So we may help those who are unable.
In October we joined NFTY at Levi Leap,
Old friends and new we did seek.
We ended the month with the Freshman Kidnapping Night,
As witches, ghosts and and Beetlejuice gave us a fright.
November we displayed our bowling skills,
After 2 hours of pins, pizza and soda we had our fill.
Chanukah brought us a successful Bake Sale,
Everything was enjoyed, nothing went stale.
2 weeks later we were "Honorable Menschen" at JGS
That was truly a Mitzvah we would all attest.
February was cold but Shabbat dinners kept us warm
March was time for humor and fun,
We went to Amherst for a Comedy workshop
And the Purim Shpiel was A#1
April gave us Pesach and opportunity to meet
Our wonderful story of Freedom we did speak.
May brought us to the end of the campaign,
Weather was iffy, would we have sun or rain?
We had games, a cookout, havdalah and fun
We said goodbye to the seniors, with SPFTY they are done
We certainly invite them to return and reunite
Maybe we will schedule an Alumni night.
We welcomed 8th graders to our fun loving group,
We hope SPFTY they put into their new loop.
As I close this poem of review,
I want say thank you.

Emma Klein, Moriah Brockway Maddy Miller Kyle Thomas,
Josh Fisher, Harry Kalodner, Sarah Klein, Elise Balaban, Ted
Katz have all served admirably as officers this past year.

I also thank all of the teens for their participation and ef-
forts to help make my first year as advisor a success.

Thank you to Bonnie Thomas and the adults on the youth
committee for their support.

Thank you to Rabbi Shapiro, Sheila Shear, and Cantor Me-
kler (goodluck) for all their guidance and humor.

Thank you to Robin, Karen, Connie, Donna and Angel for
always being available.

Please feel free to call or email to with ideas for SPFTY.

I look forward to another wonderful year in 2008-2009.

Shalom

Andy Chaet

aechaet@yahoo.com

Mazal Tov to:

Malanie and Ryan Courtmenche on the birth of
their daughter, Madeline Elyssa.

Michael and Elizabeth Germain on the birth of
their granddaughter, Isabella Michala. The proud
parents are Michal and Brian Boudreau.

Stanley and Candy Glazer on the birth of their
twin grandchildren, Sam and Abby Gustat. The
proud parents are Rachel and Michael Gustat.

Richard and Holly Fox on the birth of their
grandson James Stephen McShane. The proud
parents are Laura Fox and Brendan McShane.

Gerald Gottlieb upon retirement from the
Department of Neuromuscular Motor Control
Boston University. Gerry was honored at the
annual meeting of the Society of Neuromotor
Control of Movement for his lifetime achievements
in the area of motor control.

Leah and Gerry Gottlieb on becoming
grandparents. Matthew and Ida Berger recently
gave birth to Avi Shai in Chicago.

Richard Tariff on being honored upon his
retirement from the Vernon Regional Adult Basic
Education Center and from the Vernon Board of
Education.

Michael and Carole Katz on the birth of a
grandson, Harrison Daniel Goldman. The proud
parents are Jessica and Andrew Goldman.

Phyllis Katz on receiving the 2008 Harold
Grinspoon Award for Excellence in Jewish
Education.

Bari and Anthony Demichele on the birth of their
son, William Jacob. The happy grandparents are
Diane and Sheldon Sneider.

Melanie and Ryan Courtmenche on the birth of
their daughter, Madeline Elyssa.

Karen Meyers and Barry Drucker as they rejoice
in the engagement of Rachel Meyers to David
Graham. David is the son of Roni and Michael
Graham of Plantation, FL.

Rickie Leiter her jewelry has just been accepted
into a juried show run by American Craft
Endeavors! The event will take place November 8-9
at the Seventh Annual Holiday Craft Festival on the
Ocean in Juno Beach, FL.

**PLEASE JOIN US FOR
CONFIRMATION 2008/5768
FRIDAY, JUNE 13 AT 8:00 P.M.
AT SINAI TEMPLE**

WE WOULD LOVE TO SHARE OUR LEARNING WITH YOU!

- Jillian Bertuzzi, Daughter of Joel and Betsy Bertuzzi
Atlee Chait, Daughter of Yossi Chait and Neva Frumkin
Dani Dickstein, Daughter of Howard Dickstein and Sally Dawson
Joshua Fisher, Son of Marc & Shelly Fisher
Harry Kalodner, Son of Howard Kalodner and Leora Harpaz
Sam Leavitt, Son of Robert Leavitt and Donna Fisher
Alesha Levenson, Daughter of Lewis and Melanie Levenson
David Slitzky, Son of Barry and Margaret Slitzky
Kyle Thomas, Son of Bonnie and Norman Thomas
Cydney Weiner, Daughter of Gary and Candy Weiner

**Mazel Tov to Our
High School Graduates:**

- | | |
|--------------------|--------------------|
| Christina Barbieri | Casey Markenson |
| Alison Berg | Brian Mernoff |
| David Berman | Madeline Miller |
| Rebekah Ehrlich | Rebecca Morissette |
| Elliott Gordon | Melanie Pascal |
| David Grayboff | Rachel Reuben |
| Lauren Karas | Kate Sapirstein |
| Allison Kimmel | Alexandra Skole |
| Alex Krasner | Richard Sobey |
| Jennifer Levy | Rachel Stein |
| Kara Levy | Matthew Weiss |
| Samuel Lewis | Samuel Wenc |

**HGF Right Start
Start a Jewish Journey for Your Little One**

The Harold Grinspoon Foundation's newest initiative. HGF Right Start offers Jewish preschool education grants of up to \$1,000 to help pay for the tuition of the first child in each family to enroll in a Jewish preschool. The preschool closest to Sinai Temple is the preschool at the Jewish Community Center. Please contact the JCC to register your child and get him or her off to a "Right Start".



SAVE THE DATE!!!!
as the
Western MA State of Israel Bonds
pays tribute to our own
George Dickstein
at a
Cocktail Buffet

**Wednesday, June 4, 2008
6 P.M.
at Chez Josef in Agawam**

**For information call the Israel Bonds office at
800-916-1918**

Message from Director of Education Sheila Shear

Shalom Chaverim

Well, Religious School ended with a bang—4 teams, four winners. The Blue and White Maccabia was a huge success! Thanks to our team captians: students, Lauren Karas, Mason Dunn McDonagh, Jillian Bertuzzi and Kyle Thomas, teachers, Andy Chaet, Jill Baker, Matt Bertuzzi, Dawn Tamarking and Stacey Osowski.

Congratulations to our Family and Talmud Torah Hall of Famers: Ben Black and family, Sam Freedman and family, Sumner Lewis and family, Shoshanah Maniscalco and family, Ben Sherman and family, Kayla Mernoff and family, Abbie Solomon and family, Lauren Stone and family. Families are acknowledged at our June Family Service.

We have begun our planning for the 5769 school year. We want to thank those who have given us feedback over this transition year and are taking your positive and constructive comments into consideration as we plan for next year. We will keep you abreast of changes as they happen.

The first change to report is the time for Hebrew School for grades 3-6 for Thursday classes only. In order to better meet the needs of students who for one reason or another are unable to get here for 3:30, we are running classes on Thursday from 4:00 p.m.-5:30 p.m. The Tuesday schedule will remain the same running from 3:30-5:00, and students still have the option of registering for Tuesday or Thursday classes depending on what will better meet their needs. Registering early will help ensure we have enough staff on both days to accommodate every family who chooses either of these days.

Our Single Session Sunday schedule will remain as is but we will be making some adjustments to our final hour to make it more effective and engaging in meeting our goals for our students.

I would like to thank all of our teaching staff, Stacey Osowski, Norma Garde, Bonnie Gibson, Ilene Conklin, Matt Bertuzzi, Dawn Tamarkin, Jill Baker, Heather Sullivan, Phyllis Katz, Harlene Kleiman, Scott Sherman, Andy Chaet, Erica Brunette, Melissa Molen, Alina Bricklin, Yael Hoffman, Gita Gilad, Charynne Cordierroour wonderful Madrikhim, Lauren Karas, Atlee Chait, Sarah Chaet, Cydney Weiner, Alex Pascal, Celia Gibson, Casey Markenson, Dani Dickstein, Ted Katz, Tyler Morrisette, Mason Dunn McDonagh, Nofar Hoffman, Josh Fisher and Alex Moskovitz, and of course Cantor Mekler and Rabbi Shapiro for a job well done. Thank you also to our Hebrew volunteers, Judy Aaronson, Leah Gottlieb, Harlene Kleiman, and George Dickstein, I hope to see you back next year.

Our best wishes to Dr. Tamarkin who will be taking next year off to work on her grant project and book. We hope you will be back soon, and congratulations to Matt

The Memory of the Righteous is a Blessing

All of us at Sinai Temple extend condolences as we remember the following. Their memories are precious to their relatives, their friends and to each of us who form the community of Sinai Temple.

We remember those who have passed away since April 9, 2008 to May 8, 2008:

Joel Hirshfield, brother-in-law of Marjorie Feinberg.
Lawrence Moirano, father of Laura Skole's.
Hannelore Gordon, mother of Ken Gordon.
William Lowenthal, father of Jane Rothschild.

Life Line Screening June 12

Congregation Kodimoh will be hosting Life Line Screening on JUNE 12, 2008. Life Line Screening will offer four screenings using Doppler Color Flow Ultrasound:

- 1) Carotid Artery Screening – looks for plaque build-up in the arteries, which can lead to stroke. (Up to 75% of all strokes are linked to carotid artery blockage);
- 2) Abdominal Aortic Aneurysm (AAA) test – checks for an aneurysm (enlargement) in the abdominal aorta leading to a ruptured aortic artery. The majority of people who have a AAA have no symptoms and the mortality rate for a ruptured AAA is 80-94%;
- 3) An Ankle Brachial Index (ABI) – screens for Peripheral Arterial Disease (PAD) in the lower extremities. Peripheral Arterial Disease is a strong indicator of heart disease.
- 4) Bone Density Screening tests both men and women for the early detection of osteoporosis.

You must pre-register by calling 1-800-324-1851. These screenings are completely painless, non-invasive, and each test requires ten minutes or less to complete. The cost is \$35-45 each or all four for \$129. New! Atrial Fibrillation Test for irregular heart beat.

For more information, please call Janet Moses 860-242-1746, 800-897-9177 ext. 1854

Bertuzzi on his graduation from University of Massachusetts and Lauren Karas and Casey Markenson on their graduation from Longmeadow High. Good luck to you all.

Have a wonderful summer.
L'Shalom

Happy Birthday, Israel!!! It was an extraordinary night!!!

“It was beautiful.”

“The spirit was amazing.”

“Our whole building was bursting with excitement.”

”It was the happiest birthday I can recall in a long time.”

Those were some of the comments about our Israel 60 celebration on Friday, May 9. The service with its presentations and music was totally celebratory. The Oneg which followed included the 60 cake contest plus the opportunity to taste all the cakes.

The forks were flying as everyone (both the kids and the grownups) dug in to taste Israel’s sweetness.

Special thank you’s go to many, many people.

Thank you to our musicians.

Vocalists: Judy Aronson, Jeff Leiter, Alison Clark, Bonnie Mikesh, Charyne Cordeiro,

Robyn Newhouse, Bonnie Gibson, Robin Henrie, Marilyn Amster, Marc Cohen, Kathy Schlichtig, Jack Henrie, Sheila Shear, Emma Klein, Shelby Leshine, Meghan Hurley, Elizabeth Metsch, Rachel Michaelson, Rachel Sherman, Erica Torff.

Instrumentalists: Bonnie Gibson, Eric Gibson, Celia Gibson, Dave Tivoli, Joel Solomon, Seth Roberts, Matt Bertuzzi, Maddy Cohen, April Solon, Zach Kalman.

And thanks to our accompanist: John Gerry-Karajanes and Cantor Mekler who put the whole musical package together!



During the service, Jacob Freedman and Noah Kalman represented the Religious School and presented our school’s tzedakah gift of books on Israel to the libraries of Longmeadow, East Longmeadow, Hamden, and Wilbraham.

Jayne and Geoff Berman also presented prizes to the winners of our Israel Writing Contest. Jayne and Geoff were the creators of a special fund supporting Israel programming. The fund is the Berman/Snieder Fund created in honor of their parents.

Prize winners for the Writing Contest were: Atlee Chait, Alesha Levenson, Casey Lu Simon Plumb, Jacob Freedman, Rachel Wetstone, Andrew Katz, and Rachel & Samantha Michaelson.

When it came to the Cake Contest, the top prize was shared by SIX cakes because it was impossible to choose a single winner. The top six cakes were created by: Stacey Osowski, the Foster family, Cindy Lutz Kornet, Merle and Casey Coen, the Whalen family, and Paul Kuc.

Final thanks go to:

Esta Sobey and Sherry Souliere who headed up our Israel 60 cake contest.



Tina DeMeza who helped arrange for the photography exhibit in the lobby.

Gita Gilad who took the photographs of Israel.

Rob Zeller for lending his moving helpers

Michael Gordon for his photography.



Photographs by Michael Gordon

Carol Webber Katz Endowment Fund

Carol Webber Katz grew up at Sinai. She was confirmed and married here. Carol was the daughter of Rose and David Webber, long time members of Sinai.

Carol attended private school, the University of Pittsburgh (her dad's alma mater) and business school in Boston. She was always involved in some kind of business. According to her mom, she was a "doer." When Carol was too sick to get out of bed, she conducted her business (wedding and b'nai mitzvah invitations) from her bedroom.

At the time of her death in 1979, there were few endowment funds at Sinai, so one was set up in her name as Sinai Temple was an important part of the Webber family's life. The yahrtzeit board in the front lobby is donated in her memory.

Carol left two daughters, Alisa and Wendy who were 9 and 5 at the time of her death. She turned to her parents in her dying days and said, "I was one and I'm leaving you two." Eventually those two became 8, as Alisa married and now has 5 year old twins, and Wendy married and has two children.

Rose said that they are wonderful grandchildren and great grandchildren who give them a lot of love and pleasure. "Nobody can replace Carol in our hearts, but we are fortunate she left us a family we are so proud of. We are blessed." Rose said.

Sinai Temple

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The Celebration In Honor of Cantor Mekler's 29 Years At Sinai May 16, 2008

Photographs by Seth Kaye